## The Bromley Messenger

## **March 2010**

Volume 23 No 12



The recent Village Hall Open Day was well supported by W.I. members. The committee planned a superb display which demonstrated both traditional skills and values of the W.I and the more modern and futuristic opportunities and challenges offered in 2010 by the W.I organisation. Traditional was represented by the home skills of marmalade and cake making and displays of craft made at our popular Knit and Knatter group. Our Knit and Knatter group formed in 2009 is going from strength to strength making items to sell at the Christmas Fayre in 2010 and to send to Kosovo with George Mills. By popular demand we are expanding into an evening meeting to encourage younger and working mums (for further information on this group please phone Mary on 01206 231419).

Members, who only the day before returned from Denman W.I. College, demonstrated their

many and varied talents for us – including embroidery and lace making.

Shown on a lap top computer were many of the more modern skills and opportunities available – a fascinating record of our W.I. Displays of campaign work, community involvement and charity work which made interesting reading.

Another successful group which meets every other month is the 'Lunches for Ladies' – please contact Ann on 01206 230563 if you would like to join us. We always try to support local hostelries and our venues are very varied.

Thank you to those of you that came to see what we have to offer. We are a friendly, lively group who enjoy ourselves and welcome new members and visitors – meeting every 1<sup>st</sup> Wednesday of the month in the village hall at 7.30pm.

#### Editorial

The editor, with four others from the WI, has been down to Denman College near Oxford on a five day Elizabethan embroidery course. Working through the morning, afternoon and into the evening, with breaks for coffee, lunch, tea and supper, we learnt raised work stitches, goldwork and shading. Some of the



Detail from Elizabethan Polychrome Silk Jacket, c. 1600

others came back with their piece almost finished but I have still a lot to do on mine before it is complete. Working much of the time through a magnifying glass to ensure small stitching, we were sewing with fine silks finishing with the 'bling' (goldwork). In Elizabethan days real gold was used but gold coloured thread is used these days of various weights with different effects. The gold on Elizabethan fabrics stood out to great effect in the light of the candlelight and brought their clothes to life. Elizabeth's Court must have looked amazing.

I returned home straight to the magazine and to lots of wonderful photos (see pages 14 and 15) of the successful morning at the Village Hall. However, I do ask once again, PLEASE, when you send me photos by email. do not embed them in to the content of the email but send them as an ordinary attachment. Also do not compress them; compressed photos can become pixellated which limits what I can do with them. Please send me the photographs as they come out of the camera. I can then reduce them to the size I want for the magazine and ensure that they remain clear for the purpose of publishing.

Katisha thanks her fan club amongst you for your kind enquiries about her. She has refused all requests by me to write a column since she has done virtually nothing since the cold weather began. She dislikes the cold, the snow and the rain and resists all attempts to be put outside preferring to spend her time curled up by the fire. However on the finer days with a little bit of warmth in them she is to be seen out and about terrorising the mouse population. Her permanent fur coat notwithstanding she, like the rest of us, is also looking forward to the warmer weather!

Leonie Henderson

**MATERIAL** for the **APRIL2010** edition of 'The Bromley Messenger' should reach the Editor, Leonie Henderson, by **14th March**, **2010** please. <u>Contributions from</u> <u>anonymous sources will not be printed</u>. Whilst the editor welcomes contributions, photographs etc this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author. Copy can either be delivered by hand, sent by post or e-mail. (see inside back cover for details) or via the link on the websites www.greatbromley.org.uk or www.littlebromley.org.uk For details of availability and costs for **ADVERTISING** in the 'The Bromley

Messenger' please contact the Treasurer on 01206 251264 Please support the sponsors of our magazine.

## PLEASE SUPPORT OUR SPONSORS & ADVERTISERS

#### **S**PONSORSHIP

**New sponsorship** will start in April 2010. If you are interested in sponsorship this gives you a permanent place on the back page of the magazine AND an advert in the month of your choice. Please contact me on 01206 251264.

Costs are the same as last year : 1 page £145, 1/2 page £85, 1/4 page £68.

Len Christodoulides

## AUDIT ON ACCOUNTS

As usual at this time of year we are looking for a volunteer to check the accounts for 2009/2010 which will be ready in May. Anyone can do this, you do not need to be an accountant. I audit the Frating village hall accounts which takes me about 3 hours. Please contact me on 01206 251264.

Len Christodoulides

## ST. GEORGE'S (C OF E) SCHOOL, GT. BROMLEY

Head teacher: Pat Fitzgerald Telephone: 01206 230305



**On 5 February** the pupils supported the work of UNICEF in Mozambique by participating in their national non-uniform day and raised £140.80. The School Council had also wanted to raise some money for Haiti and organised a cake sale for the same day. The sale raised £92.36. A big thank you goes to all the parents

and pupils who supported both events.

Mrs Fitzgerald and Mrs S Fairley will be visiting our partner schools in Ghana at the beginning of March



to plan joint projects to enrich the global curriculum of all the schools. The headteachers from these schools will be coming to England in June and they are very much looking forward to meeting pupils, parents and staff. We are sure that they will be overwhelmed by the differences in our schools and culture!

Our **Easter Fayre** will be on 31 March from 1.45 - 2.45. Please come along and support our school. We are all looking forward to spring and wish you all a very Happy Easter.



### Little Dragons Pre-School

Great Bromley & Frating Ltd at Great Bromley Village Hall Ofsted Inspected

Monday & Wednesday 9.15-11.45am & 12.15-2.45pm Thursday 9.30-12 noon Children 2-5 years. £8 per session (In addition to the above a setting up fee of £1 per session is required.) Lunch time session available Mon & Wed. Cost £1.50 For more details/ visits please contact us on 0785 7503103

We have had a busy half term at Preschool with lots of exciting activities. Despite the cold weather the children have been wrapping up warmly and enjoying lots of outdoor play too.



At the end of January we enjoyed a visit from two police dog handlers and their dogs. The children learned about the work they do and were able to watch as they demonstrated how

the dogs chased after criminals. The children also enjoyed a close up look at their police car, all of which inspired some lovely role-play that afternoon!

We have also been celebrating the 'Chinese New Year' at Pre-school by making lanterns and dragon puppets. The children enjoyed setting up a 'Chinese restaurant' for snack-time and included on the menu were prawn crackers, stir fry vegetables, noodles and spring rolls. Some of the children chose to use chopsticks to eat with too. Afterwards they set up their own role-play restaurant using wool as noodles.

We have some spaces available still; we take children from the age of two years. For further information or to arrange a visit to the setting please contact us on the above number.

We also offer a 'home visit' to families of children prior to them starting pre-school.

#### Baby Dragons Darent and Child Group At Great Bromley Village Hall Friday Mornings 9.30-11.30am 0-5 years. Parent and Child Group Activities/themed sessions/ play equipment etc. For more details or visits please contact 01206 230625

Come and have fun with your child at Baby Dragons every Friday morning between 9.30am-11.30am.

Fun and exciting activities for children aged from 0-5 years

Great Bromley and Frating Village Hall, Parsons Hill, Great Bromley, Essex C07 7JA

## MARCH GARDENING TIPS

We have had our snow, now we are having frosty nights, soon we hope to have winds in March then spring rain in April. After that I hope it is summer all the way, we shall see.

#### Dahlias

Start the tubers into growth in a warm temperature. Also why not try your hand growing dahlias from seed. Plant later in the month.

#### Annuals

Sow seeds of hardy annuals at the end of the month, these can go in a prepared bed outside.

Sow half-hardy annuals under glass. If you are not sure which are which read the directions on the seed packet.

#### Bulbs

Plant gladioli towards the end of the month. Divide snowdrops. Bulbs that were pot grown for winter display can be planted out in the garden in an odd corner where they will be quite happy and will bloom for you next spring.

#### Lilies

Protect young shoots from frost.

#### Irises

Remove dead and dying leaves from bearded irises and give a little fertiliser.

#### House Plants

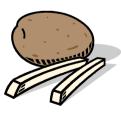
Start to increase watering giving them a feed once every two weeks.

#### Potatoes

Plant a row of early potatoes this month. Have a

supply of covering - newspaper, old coats or cloches etc in case of frost.

Frank Griffiths



#### **CRICKET CLUB**

#### 100 Club winners

for January

1st D Scarlett 2nd J Knappett 3rd T Cuthbert

£15 £10

### CARPET BOWLS CLUB

Club nights have been well attended in spite of, or perhaps because of, a long dreary winter. On 10th February, the weather, not particularly inviting for a trip to the coast, saw us at Clacton playing against Silver Dawn, resulting in a win for the home side 5-3.

'Get well' wishes are sent to Dick Wilsher. His ongoing complications with the aftermath of his hip operations, plus a sight problem seem to have been dogging him for several months and we all wish him better soon and back on No. 2 mat.

New member, Christine Jones (Chris) has been with us for several weeks now and beginning to get to grips with her game. She is a keen player and all members extend a warm welcome to her.

Nancy Kempster

## **GREAT BROMLEY PARISH COUNCIL**

Great Bromley Parish Council www.essexinfo.net/gbpc

Report of a parish council meeting held on 11 February 2010

#### Planning

The Council considered the following planning applications and had no objections:

Land opposite Bush Farm, Hall Road – General purpose agricultural building (amendment to existing approval) (no objections subject to conditions).

Hamilton Lodge, Parsons Hill – alteration and extension of existing building (Selbourne Court) plus four bungalow units each with four flats.

Berriedale, Brook Street, Great Bromley – various rear and front extensions, garage extension and roof alterations.

**Primrose Farm, Hall Road, Great Bromley** – provision of a temporary agricultural worker's dwelling. Tendring District Council has decided the following planning applications: Land East of Hall Road (opposite Bush

**Farm)** – two further poultry sheds (phases 4 & 5) (approval).

Westward House, Mary Lane North – detached dwelling (application withdrawn).

**7 Fairfield Close** – rear and side extensions and demolition of chimney stack (refusal).

**Talisman Coachlines, Harwich Road** – retention of temporary offices & stores (approval).

Arethusa, Ardleigh Road – double garage, workshop and accommodation above (refusal).

**The next meeting** of the Council will be at 7.30 pm on Thursday 11<sup>th</sup> March 2010 at Great Bromley Village Hall.

#### Tendring in Bloom – 2010

Each year Great Bromley Parish Council arranges for 10 or 11 tubs of flowers to

be placed throughout the village from June to September. Under its 'Tendring in Bloom' scheme the district council arranges for the tubs to be planted up, delivered and then watered regularly. The cost of this exercise is met by the parish council although, in recent years, generous assistance has been received through district councillors' grants. The parish council is now asking if any residents or local businesses would be interested in sponsoring one or more of the flower tubs. The present cost is £82 per tub each year. Alternatively



individuals or community groups might be interested in maintaining specific tubs during the summer season. This could involve keeping them neat and tidy and removing any dead flowers or weeds.

If you are interested in either of the above proposals then please contact the council's clerk – Ken

Bromfield – on 01206 230089 or gbparishcouncil@tesco.net.

## LITTLE BROMLEY PARISH COUNCIL

Four members of the public were present at the Council meeting held on 11th February at Little Bromley when the following points were discussed.

The traffic calming measures carried out by our volunteers is already having some success and at least twelve members of the public will be receiving an initial warning. Well done to our volunteers.

Further progress has been made with the rural path. It will be a long drawn out process but hopefully with success.

A 'Firework Display' will take place on



Friday, 5th November, 2010. Details of timings will be published later. The Amenity team will be looking into the possibility of moneymaking schemes and report back at the next meeting. A Village 'Teaparty' or Barbeque was mentioned.

The Great Bromley Fun Day was also mentioned and the committee gave a 'wait out' on that.

Electronic Speed Warning signs were mentioned and our PCSO thought that there was a possibility of Government Grants to purchase our own instead of queuing for the temporary use of one. The Clerk agreed to investigate.

The precept for the next financial year 2010/2011 is £1,330.00. The Council approved an increase of £50 to the grass cutting budget in the financial period to £300 annually.

The date of the next meeting, a Public Assembly, was declared to be Thursday 15th April, 2010 to be held in The Haywain.

## KITCHEN CORNER

#### **CRISPY TUNA**

Serves 4 Large tin Tuna. 6oz. spaghetti 1½ oz.butter 4 oz. mushrooms 1 oz. flour ½ pt. milk Salt,pepper and good pinch dry mustard. 2-3 tbs cream (optional) Packet potato crisps (salted)

Break spaghetti into 2 inch lengths and cook in boiling salted water for 12 minutes. Rinse and drain well. Melt the butter in a pan and sauté the sliced mushrooms for a few minutes. Add flour and cook briefly then add milk slowly and bring to the boil, stirring frequently, add seasonings, simmer 3mins, then stir in the cream. Drain and flake tuna, add to sauce with spaghetti and turn into an oven proof dish. Sprinkle with the crushed crisps, and bake at 350°F / 180°C for about 1 hour or till piping hot.



# theWI

## Women's Institute

Barbara Faulkner spoke at our February

Meeting with "Spend a Penny". What does this conjure up? You would be right. Her talk began with a talk about latrines followed by how the Romans went on to collect urine to be used for washing clothes and also in dyes as well as to set dves. In the Middle Ages the cleanest habits were to be found in monasteries because castles needed to have an adequate system for collecting sewage. Can you imagine what it would have been like if there was no particular system in place? (It doesn't bear thinking about.) In Hampton Court Henry VIII had his own groom to clean him up, well!!! Barbara went on to say that in 1449 Thomas Critfield tried to invent the first flushable toilet, but it was not successful.

Much sewage ended up in rivers and it was recorded in the 12th Century that some rivers had become very offensive. Certainly from this, London had a large outbreak of cholera in the 19th Century.

'Spend a Penny' was first used at the Great Exhibition in 1861, as a way of putting in flushable toilets to cope with the expected demand with the numbers that would visit. From this the first public toilet opened the following year and popularity for this new fangled thing grew.

Several other facts: Elson and the chemical toilet was invented in 1924, Jeyes toilet paper (remember this?) in 1890, and in the 1950s softer toilet paper was introduced.

Today in London you can spend £5 with a company calling itself W.C.1 which has opened specifically for women and which also includes a wash and brush up, introduced because there was a gap in the market.

Barbara ended her talk with a selection of knickers through the ages. The Vote of Thanks was given by Mary Clarke.

At our next meeting on 3rd March the speaker, Frances Boardman, will be speaking about famous women.

The next Lunch will be March 10th. Please contact Jenny on 01206 230688 if you would like to join us.

Joy Rolfe

## FRIENDSHIP CLUB

Have you any wool to spare? Our knitters are getting a bit short. Please give me a ring if you want it collected.

At our meeting in January we had a representative from the Water Board speaking on the procedure before we get it to our taps and purified ready to drink.

We had our usual cups and biccy for which we thank our ladies who make and serve it - and do the washing up!

The competition for March is a small article made from tin. Your subscriptions are now due. We need to get them in as soon as possible.

Vicky Griffiths

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#### GREAT BROMLEY VILLAGE HALL CHARITY TRUSTEES REGISTERED CHARITY NUMBER 301310

Some say there is no such thing as a free lunch, they are probably right but you could have had a free cup of tea or coffee with biscuits on Saturday February the 13th.

On that day the Village Hall held its Open Day when organisations that use the Hall were able to advertise their wares. The organisations I talked to thought the event a great success with lots of people wanting to 'have a go'. The Parish Council to the Village Hall committee were all present. Jenny Nicholls of the WI was 'very pleased' and Pat Petchev of the Bowls Club said that 'great interest had been shown'. Gill Christmas of the Badminton Club was 'quietly encouraged' and Gill and Joy are going to organise a badminton beginners class. Chris Cottingham had a table trying to gauge interest in an exercise class, many people signed up and others expressed interest in the Book Club. We also had two representatives from the Essex Environmental Trust who were major grant suppliers for the new roof and are giving us a plaque to commemorate the new roof.

Anybody who enjoyed the live music at the Fun Day can hear more as the band, *Locarno*, will be playing on Saturday 13th March at the Village Hall from 7:30 till 11:30.Tickets are £10.00 and are available from Beryl Hurst on 01206 230578 or Fred Nicholls on 01206 230688. Big Band sound listeners and 'Strictly' watchers can get on down and strut their stuff. Bring your own food and drink and don't forget your dancing shoes. It should be a great night.

Another Fun-Day is on its way on 12th June 2010 so make sure you don't book your holiday for mid June.

We will be having a working party to tidy

the garden and paths around the Hall in the near future. Any help will be gratefully received. More details when, and if, the weather gets warmer.

Looking back over what has been achieved at the Village Hall in 2009 is quite surprising. A hearing loop for the hard of hearing has been installed, the way that we access the Hall has been updated, new crockery has been bought, the Fun Day restarted, the heating oil tank pipe has been secured and, of course, the roof has been replaced which was no small undertaking!. Well done to the Committee under the great leadership of Fred Nicholls and to all of you in supporting our fund raising events. Not a bad effort by our Village for one year!

This year grant money looks to be much tighter. However we are looking to replace the kitchen and dust off the plans to build the store room. A P.A. system should have been installed before you read this.

That's all for now. As always thank you for your support and please put the forth coming event dates in your diary. Let's all make the most of our Village Hall in 2010.

Next Committee meeting Tuesday 2nd March at 7:30pm.

David Beech

## VILLAGE HALL OPEN DAY



## 13th Feb<u>ruary 2010</u>



## Forthcoming Events in 2010

#### MARCH

2	Village Hall Trustees committee meeting, Village Hall, 7.30pm
3	Beat Surgery, Village Hall, 7.00pm
3	WI meeting, (Talk: Famous Women) Village Hall, 7.30pm
10	Ardleigh Horticultural Society (Talk: Herbaceous Perennials) Ardleigh
	Methodist Hall, 7.45pm
11	Gt Bromley Parish Council meeting, Village Hall, 7.30pm
13	The band, Locarno, playing in Village Hall
18	Friendship Club meeting, Village Hall, 2.00pm
20	'The Long Way Home', play by Eastern Angles, Village Hall,
	7.30pm
27	Easter Bunny Ball, Lawford Venture Centre, 7.00pm
31	Easter Fayre, St George's School, 1.45pm
APRI	
11	APCM meeting, St George's church, 11.45pm
14	Beat Surgery, Village Hall, 7.00pm
14	Ardleigh Horticultural Society, (Talk: Growing Vegetables)
	Ardleigh Methodist Hall, 7.45
15	Lt Bromley Public Assembly meeting, 7.30pm, The

Haywain

## FROM THE PAST

## Farm Shops in 1882

Some Great Bromley farmers had such a small acreage that they were also pleased to be listed in the 1882 Post Office Directory.

Among these were Joseph Hawthorne, shopkeeper and farmer. What did he sell?

George Sargeant, also a farmer and shopkeeper.

George William Sargeant, grocer and farmer.

Backhouse Wenden, farmer and cattle dealer of Manning's Farm.

George Wenden, farmer and cattle dealer at Braggs Farm.

Nathaniel Wenden probably assisted with the rearing of live stock for sale as he is only listed as farmer.

Trade was evidently quite good as there was use of the railway from Ardleigh to which the landlord of the Spread Eagle public house supplied transport.

John Appleby



W

#### **Easter Fayre**

on 31st March 1.45pm – 2.45pm at St George's School



#### PLANT & GARAGE SALE

Saturday, 8th May At Ilex Farm Watch this space!

Gt Bromley Village Hall

Saturday 13th March 7.30pm - 11.30pm

Dancing or listening to the band

## LOCARNO

Tickets available from Beryl Hurst 01206 230578 or Fred Nicholls 01206 230688

Bring your own food and drink



Ceasterngles

Eastern Angles present their new play

## WAY HOME

*by Charles Way* 20th March 2010 at 7.30pm in Great Bromley Village Hall

A heart-warming story for the whole family about friendship through adversity, by the author of In *the Bleak Midwinter*. An old woman decides to walk home to the seaside village of her birth - a journey through dark woods, fertile plains and over snow-capped mountains. She soon meets a wild young boy in the forest whose only means of communication is to bark like a dog and the two become unlikely travelling companions. *The* 

## Easter Bunny Ball



27th March Lawford Venture Centre

3 Course Dinner Dancing to Steve Linton Band 7pm- 12 Midnight

Large Raffle for Little Havens Children's Hospice

Tickets £30.00 (Black Tie)

Call Linda Pinhey (SWEET SUCCESS) 01206 230126

## **Knit and Natter**

Annie (01206 250776) lives in Great Bromley and Hilary (01206 230479) lives in Burnt Heath. We would like to start up a Knit and Natter club. Anyone interested please ring us.



*Long Way Home* is a traditional folk tale from the heart of old Europe, brought into the modern age through storytelling, music and magic.

As in past years there will be supper available and supper spaces are limited. These tickets do go very quickly.

Tickets available as:

Play Only	7.30pm	£8.00
Play with Sup	per beforehand	£20.00
	m	

promptly)

Both types of ticket available from: Anne Clapham (01206 230790), Paula Knappett (01206 250156) or Jenny Nicholls (01206 230688) Play Only tickets from The Post Office at The Cross Inn



## THE BROMLEY BOOK CLUB

Future reads (March-April): As ever, it is hard to decide, but I think I would like to

suggest *Guernica* by Dave Boling. It is set around the Spanish civil war and the eve of the Second World War. It has drama, relationships and an understanding of how the Basque separatist movement came about, which is still happening. It is not as heavy as it sounds and is described by the Daily Mail review as a "heart rending yet life affirming story", the Times says " A multi layered saga about love, family loyalty and the fierce patriotism of this indomitable region". Choice by Chris Cottingham

#### **Currently Reading (January-February):**

Currently we are reading a choice of two books, The Memory Keepers Daughter by Kim Edwards and How I Live Now by Meg Rosoff. Currently I am half way through the latter, it is a book written for teenagers by design but it is rather entertaining. The way it is written makes me think this is the latest generation of writing, described as "Fresh, honest, rude, funny. I put it down with tears on my face" by the Guardian. Following a teenager through the latest changes and developments in her life, is not only insightful but a touch scary. Even the technical ways the story is communicated are different to conventional styles.

The Memory Keepers Daughter, has got such positive feedback as "Edwards is a born novelist....Rich with psychological detail and the nuances of human connection." from the Chicago Tribune. I found that the story stayed with me for a long time after reading, a moving and intense story, realistically written and beautifully insightful into old medical stigmas. I look forward to hearing about what the other members have made of these reads.

## Books we have just completed (December-January):

The last book we completed was *Foreign Fruit* by Jojo Moyes. Overall the group enjoyed this read. Set in Frinton-on-Sea it was lovely reading about local architecture, scenery and people although some parts of the story were either unrealistic or too predictable. However, the positive impression of this book far outweighed any negative. "I am going to pass it round the girls at work" and "A very readable book!"

To find out more about the book club please contact Clarrie Beech on 07525749814,

<u>clambeech15@hotmail.com</u> or look on the website www.greatbromley-bookclub.co.cc

Clarrie Beech

## JUNIOR QUIZ

Compiled by Ian & Val Harris

#### Do not "Google" the answers

- 1 How many natural satellites does the earth have, can you name it/them?
- 2 In the rhyme; "Monday's Child Is Fair Of Face", which child "works hard for a living"?
- 3 What is at the end of time, the beginning of end and the start of eternity?
- 4 What is a Prime Number?
- 5 Who invented Morse Code?
- 6 What and where is "Cleopatra's needle"?
- 7 What are the first names of the Baudelaire children in the books by Lemony Snicket?
- 8 How many colours of the rainbow are there? Can you name them?
- 9 What are: a Shako, a Bearskin, a Kepi and a Boonie types of?
- 10 Divorced, beheaded, died, divorced, beheaded, survived. Who were they and can you name them?
- 11 A bicycle has two wheels, a tricycle has three wheels, what is it called with one wheel?
- 12 What is  $E=mc^2$ ?

Answers on page 27

**Leonard Cheshire** Dis**ability** 

## SEVEN RIVERS

"Checkmate!" came the gleeful cry - again! "I may have lost me legs, lad, but I haven't lost me marbles!"

So it was back in the far-off days of my youth when I would go along with my dad and his Toc H friends on one of their regular visits to the Leonard Cheshire home at Ampthill - where one of the residents would invariably clear me off the chessboard in no time - and I never did beat him. either!



Then as now, one of the defining characteristics of the home was the sense of community and the warmth of the relationships between residents and staff.

Many things have changed over the years, and not least recently. What a hard balancing act it must be for those who have to respond to the more centralised,

target-driven demands of our modern world whilst also holding on to the best of the old values of local provision and quality of life on which Leonard Cheshire built his Foundation.

And yet, in spite of all the challenges and all the change, that feeling of warmth and friendship between carers and cared-for remains a lasting feature here at Seven Rivers.

As a new-boy volunteer newsletter editor, I take my hat off to all at Seven Rivers, residents, staff and volunteers, who are so often ready to lend a helping hand and do that little bit extra that makes the difference in turning a house into a home.

Colin File, Volunteer Newsletter Editor

## Answers to the Junior Quiz

- 1 One, the moon
- 2

Saturday's.

Monday's Child Is Fair Of Face Monday's child is fair of face, Tuesday's child is full of grace, Wednesday's child is full of woe, Thursday's child has far to go, Friday's child is loving and giving, Saturday's child works hard for a living, But the child born on a Sabbath day Is bonny and blithe, and good and gay

- 3 The letter e
- A number with just two factors, nothing divides into it except that number and 1
- 5 Samuel Finley Breese Morse, it was created for the electric <u>telegraph</u> in the early 1840s and is still sometimes used for communications by <u>amateur radio</u> <u>operators</u>, ships and aircraft. It is a series of dots and dashes which represent numbers, letters and other characters which can be signalled by light and sound, the most famous combination of which is SOS (three dots followed by three dashes and three dots) the international distress signal. This combination of letters was chosen as it was easy to remember and easy to signal.
- 6 It is an original Egyptian obelisk which stands on the Thames Embankment in London. It was made in Egypt for the Pharaoh Thotmes III in 1460 B.C. It is called Cleopatra's Needle as it was brought to London from Alexandria, the royal city of Cleopatra. A specially designed cigar-shaped container ship, called the Cleopatra, was used to bring it to England where it arrived in 1878. Two large bronze Sphinxes lie on either side of the Needle and are Victorian versions of traditional Egyptian sphinx. The benches on the Embankment also have winged sphinxes on either side as their supports.



- 7 Violet Baudelaire is the oldest, Klaus is the middle child and Sunny is the youngest.
- 8 Seven: red, orange, yellow, green, blue, indigo and violet.
- 9 They are types of military headwear or hats.
- 10 The six wives of Henry VIII who were: Catherine of Aragon, Anne Boleyn, Jane Seymour, Anne of Cleves, Catherine Howard and Catherine Parr.
- 11 A unicycle
- 12 The famous equation of scientist Albert Einstein. (It says that matter and energy are equivalent, c is the speed of light in a vacuum.)

## **ESSEX POLICE**



#### Suspicious Circumstances

- Badley Hall Road - (Dog let out of car in church car park and went after chickens in near by garden)

#### Nuisance Youth

- Chase Road - (Snow balls thrown at windows)

- Back Lane East - (Stones thrown at windows)

#### Theft of Motor Vehicle

- Carringtons Road

#### Criminal Damage

- Back lane East - (Fence panel damage)

#### This month's News letter

**Please note** that the Home Office is conducting a survey in the area. The company that is carrying out the survey on behalf of the Home Office is BMRB Social Research. The Survey is called the British Crime Survey. The researcher who will be carrying out the survey has been asked to register with Clacton Police Station and will be carrying ID. If you have any concerns please contact police.

**Please note also** that two companies are now conducting surveys in the area: Swift Research Ltd and BMRB Social Research.

Please do not provide any information to anyone claiming to be from Crime Research UK as they are bogus.

Please be aware that a letter asking you to enter into an Irish Lottery is doing the rounds. The letter is in the form of a certificate and states that you are designated as an eligible special edition participant to join the lottery and surprise, surprise your bank details are required. This is just another scam to get you to pay £8. If you want to play the lottery then purchase a ticket from a lotto outlet and just chuck these missives in the bin.



#### Security tips

#### Your Home

Home security is the best way to reduce your chances of being burgled. A lot of burglaries are spur of the moment, as a burglar may see an open window or other easy point of entry and take their chance. **Basic tips**:

- When you go out, always lock the door and close the windows - even if you are just going out for a short time.
- Window locks, especially on older windows, will help stop people getting in (and remember, a burglar is less likely to break in if they have to smash a window).
- If you have deadlocks, use them. They make it harder for a thief to get out again. But don't leave the key near the door, or in an obvious place.
- Don't leave spare keys outside, or in a garage or shed, and put car keys or garage keys out of sight in the house.
- Use timers for lights and radios if you need to be away from home overnight. They will create the impression that someone is in.
- Visible burglar alarms, good lighting, and carefully directed and limited security lighting can act as deterrents. But make sure that lights don't disturb your neighbours, and that alarms turn off after 20 minutes.
- Fences at the back of the house may make this area more secure, but walls and solid fencing may let a thief break in without being seen. A good compromise is chain-link fencing, or trellises with prickly shrubs.

 Fitting a 'spy hole' allows you to see who is at the door. Having a door chain means you can open the door a little way to talk to them.

#### **Doorstep Dos and Don'ts**

If a doorstep caller knocks at your door...

- $\Rightarrow$  Do check the identity of the caller by asking to see an ID card
- ⇒ Do challenge anyone looking over your property – did you give permission?
- ⇒ Do consider if you really need the work done. Think before you decide. Shop around for the best deal
- ⇒ Do ask the caller to leave you with information to study at your leisure
- ⇒ Do remember you should be given a right to cancel contract after 'cold calling'
- $\Rightarrow$  Don't believe all callers are genuine
- ⇒ Don't believe the 'scare stories' a salesman may tell you they are rarely true
- ⇒ Don't believe genuine tarmac companies have 'loads over' - they don't
- ⇒ Don't believe a cash deal is easier and cheaper
- ⇒ Don't sign anything or pay for anything until you are sure about it
- ⇒ Don't believe special deals 'today only' – it is high pressure selling

Les Barnes PCSO 71909 Thorpe Le Soken NPT Eastern Internal Ext : 487603 External 01255 862843 Email : <u>leslie.barnes@essex.pnn.police</u> website : <u>www.essex.police.uk</u>

## EASTER LILIES

If you would like to sponsor Easter Lilies in memory of a loved one, please send



your contribution to Jenny Nicholls at Fryerning, Hall Road, Great Bromley, telephone 01206230688 by 27<sup>th</sup> March. Thank you.

## Community RePaint Colchester and Tendring

Are you going to be using your paint to brighten up the world for other people? Could your project do with an extra set of hands?

There are a few people from Dulux who would like to come and help you – your

project may even feature on their promotional video!

If you're interested, please leave your contact details, and a brief description of your



project, with a member of staff and we will be in touch soon.

Community RePaint Colchester and Tendring 15 Church Walk Colchester, Essex. CO1 1NS Tel: 01206 367776 e-mail: repaint@en-form.org.uk www.repaintessex.org.uk

### THE RECTORY, GREAT BROMLEY

Dear Friends,

When you read this letter we shall be in the season of Lent. This is a season when we shall try hard to achieve some progress in growth in our spiritual lives. Although Lent is a special time, which we set aside for this purpose, all of life is really a journey through this world towards God, and it takes us through varying terrain as we go along. The practice of any spirituality demands at least a modicum of quiet, withdrawal and solitude, for the practice of its basics, which are prayer, reading, meditation, and the cultivation of silence.

It was St. Anselm who said, "Enter into the inner chamber of your mind. Shut out all things save God, and whatever may aid you in seeking God; and having barred the door of your chamber, seek Him".

Persistence in the spiritual life is never easy. Gerald Priestland said in a passage, "Believing in Christianity is like riding a bicycle; it is an unlikely thing to work anyway and if you lose faith it falls over". To seek after God, to want Him this is of the essence. One common result of increased spiritual awareness is a change in the quality of life, and in the way things begin to appear. Evelyn Underhill describes how things changed when she began looking at them with the eye of the spirit, "I still remember walking down Notting Hill main road and observing the extremely sordid landscape with joy and astonishment. Even the movement of the traffic had something unusual and sublime about it". Such spiritual awareness is that of the inner eve looking through the ordinary to the extraordinary. The opening of the inner eve has come to men and women upon the spiritual path time and again. Thomas Traherne, a 17<sup>th</sup> century Hertfordshire parson, when he saw an ordinary

cornfield transformed into "orient and immortal wheat" was going through a similar transformation process.

There is a challenge today for people to live a God focussed life. The essential elements, whether we like it or not, will always include conscious attempt to follow the example of Christ in all things: the regular practice of praver and Bible reading, worshipping in the church, and the giving of some personal service to causes and people in society. All those who have wanted to know God better seem to have felt need for time on their own. It may be difficult to get a moment's silence, but when we do it is not a negative thing but an opportunity to grow. St. Theresa wrote, "Remember what St. Augustine tells us, how he sought God in many places and at last found the Almighty within himself. We are not forced to take wings to find Him, but we have only to seek solitude and look within ourselves. We need not to be overwhelmed with confusion for so kind a guest, but with utter humility talk to Him as our Father".

I do hope that the Lenten season will provide us all with the opportunity to seek and find God and that we will be daily renewed by the Holy Spirit.

In addition to spending more time in personal prayer, reflection and quiet, our Lenten course this year should provide us with an opportunity to seek Him with our fellow brothers and sisters.

May this Lenten season be a blessing to us all as we prepare for Holy Week and our Easter celebrations.

Love to you all, *Fr. Robert*  ST. GEORGE THE MARTYR, GREAT BROMLEY united with St. Mary the Virgin, Ardleigh

#### **Church of England Services for March**

Sunday 7th	8.00am 10.30am	<b>3rd Sunday of Lent</b> Eucharist Parish Eucharist	St. George the Martyr St. Mary the Virgin
Sunday 14th	8.00am 10.30am 6.30pm	<b>4th Sunday of Lent</b> Eucharist Parish Eucharist Evensong	St. Mary the Virgin St. George the Martyr St. Mary the Virgin
Sunday 21st	8.00am 10.30am <i>12 noon</i> 6.30pm	<b>5th Sunday of Lent - Passion Sunday</b> Eucharist Parish Eucharist <i>Annual Parochial Church Meeting</i> Evensong	St. George the Martyr St. Mary the Virgin St. George the Martyr
Sunday 28th	8.00am 10.30am 6.30pm	<b>Palm Sunday</b> Eucharist Parish Eucharist with Distribution of Palms Reading of the Passion of Our Lord Evensong	St. Mary the Virgin St. George the Martyr St. Mary the Virgin

Holy Communion every Friday at 11.00am at Seven Rivers, Hall Road, Great Bromley.