

The Messenger

The Magazine of
the villages of
Great & Little
Bromley

June 2018

Vol: 2 No: 6



Great Bromley Women's Institute Celebrating 70 years

Past Presidents left to right: Jenny Nicholls, Jill Frostick and Sue Orriss

See inside for full report

THE FIRST PAGE

June. Halfway through the year! Soon be Christmas!!!! Ha ha.

I am writing this month from Telford whilst childminding my 8 and 5 year old grandchildren whilst their parents are on holiday. The 5 year old knows all the facts about Harry and Meghan right down to the colour of his beard and how old they are! Her class is holding a 'wedding' party just before they break up for half term (they are a week behind Essex) so after the swimming lesson we are going in search of a special dress and shoes for her to wear for the occasion. I have no doubt they will be shiny and probably pink.

The WI celebrated at the May meeting 70 years since it first started in Great Bromley. A few of the members were young or very young in 1948 but there are many of us who hadn't even been thought about back then. I wonder how long other organisations in the village have been going? The Messenger was first conceived in 1985 and went monthly into production in 1986 - 32 years ago.

Once again there is much about to take place in our villages. Some of the events are in the first few days of the month. Do advertise your event at least twice in The Messenger just in case your magazine fails to arrive in time to alert you that something

is on. I and the printers work hard to get each issue back for you to receive it before the first of the month but just occasionally we fail or just occasionally the faithful band of distributors cannot do their rounds to each house in time either. Getting the magazine to you each month is a race against time.

Enjoy the warm weather. The dog is recovering from a damaged pad on her paw which the vet thinks was either a hot pavement or maybe a chemical which makes me shudder to think of. The 8 year old is suffering from a heat rash (at least I think that is what it is!) but we have been having fun with water bombs to keep cool and are now making masks for both and for him to take to Cub camp over half term. They live opposite a cricket pitch so we just cross the road and watch them play. The two children attend Cricket Club every Monday and I have been watching them learn to bat, field and bowl. They thoroughly enjoy it. Gt Bromley's cricket club is also thriving and cricket matches are also there on the ground behind the village hall to watch for a relaxing afternoon with a drink in hand.

Summer is finally here. Hooray!

Leonie

MATERIAL for the **JULY 2018** edition of 'The Bromley Messenger' should reach the Editor, Leonie Henderson, by

14th JUNE 2018 please. Contributions from anonymous sources will not be printed.

Whilst the editor welcomes contributions, photographs etc this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author.

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For details of availability and costs for **ADVERTISING** in the 'The Bromley Messenger' please contact the Treasurer on 01206 230537

St George's, Great Bromley

For more than 600 years, the people of Great Bromley have gathered at St George's church to worship God.

Whether celebrating marriage, giving thanks for a child, or saying goodbye to a loved one, St George's has played a central role at the most important moments of the lives of many people in our community.

St George's is open every day of the year during daylight hours, and meets for worship on Sundays at 9.15am, 10.30am, or 6.30pm.

This year, to continue to offer ministry to those who need it, when they need it, and in order to maintain the day to day running of our ancient building, we will have to raise nearly a £1000 per month.

All of our current regular income at St George's comes from the generous giving of the members of the church and the local community.

We are hugely grateful for all that our local friends have given in the past, and we look forward to continuing to be a vibrant presence in our community.

Your regular or one off donation will help to enable the ministry at St George's to continue.

If you are a taxpayer, we can recover tax on your gift, which makes it worth 25% more.



PLEASE SUPPORT OUR SPONSORS & ADVERTISERS



ST. GEORGE'S (C OF E) SCHOOL, GT. BROMLEY

Telephone: 01206 230305

Class 3 Trip

On Tuesday 1st May, Class 3 invaded West Stow Anglo-Saxon village!

First of all, we visited the Museum that was on site. In here we saw artefacts that had been excavated from the site, including skeletons found in graves, ancient weapons and fossilised poo. We were asked questions about the objects that helped us to find out its past life and more about the Anglo-Saxons. We learnt that the Anglo Saxons pinched many Roman objects and recycled them for example, Roman roof tiles that had been used for the hearth of a fire and Roman glass that had been melted to create beads. The Anglo Saxons couldn't make glass as the correct type of sand for glass came from Asia.

In the afternoon, we investigated the Anglo Saxon village that has been reconstructed on the original site. The houses smelt quite strongly of ash and smoke and everything was very dark. Everything was in one room which some of us thought was cosy but could have been very claustrophobic. We liked the roofs that were thatched as they were well crafted. The locks on the doors fascinated us because they were an ingenious design.

As we left, the curator warned us about the Anglo-Saxon elves which can make you ill. The water elves could give you chicken-pox and wood elves give you stitch by firing arrows at you.

We are looking forward to recreating our own models of the village in class.

Class 3

Twenty's Plenty!

The PTA ran a competition in school to design a poster to display outside of our school. Hope drew the winning design and this is now proudly displayed on the front railings of the school. We are all hopeful that this will encourage motorists to drive more carefully past our school.

The headteacher is continuing to work closely with Tendring District Council to address the issue of road safety in the area. We do ask all drivers not to park opposite the zig-zags at drop-off and pick-up times especially.



Donations Wanted!

We would be very grateful for any donations of the following items that you have read and no longer require:

- ◆ Newspapers
- ◆ Hello/OK magazines

These will be used by some of our classes for their English and Art projects this term. Thank you for your support.



SEVEN RIVERS CHESHIRE HOME

Hi Everyone, sorry I missed you last

month, I hope you are all keeping fit and well. On Friday 27 April we held our first open to the public Bingo night, unfortunately I was unable to publicize this as much as I had hoped due to ill health. But those that came along had a fun filled evening, Just make a note in your diary that our next bingo night will be on Friday 20 July. Bingo books from £1.00.

As I write this we are also looking forward to our first Fun Dog Show, we are hoping for a fine day but if it's raining we will be able to move it indoors. I hope some of you were able to join us for this, as it's looking like being a fun afternoon.

This month we are going to be celebrating our 60th Birthday, Seven Rivers was opened in 1957 but our first resident arrived in January 1958, so we have delayed the celebration until (hopefully) the better weather. We will celebrate with our Strawberry Cream tea on Saturday 23rd June at 2.30pm with Gary King as Elvis to entertain us. Jeremy Cheshire will be joining us for this wonderful celebration.

I think that's all for now so take care till next time.

Liz

KITCHEN CORNER

A tasty treat for the warm summer days
Fig and walnut ice cream

Ingredients:

For the fig paste:
500g dried white figs
440 g sugar

For the ice cream:
175g caster sugar
200g walnuts, crushed, plus extra to serve
4 egg yolks
500 ml whipping cream
4 fresh figs to serve

Method:

To make the paste, put figs and sugar in saucepan with 550 ml water, medium heat and stir to dissolve sugar. Bring to a boil, simmer 30 minutes. Process or puree to a smooth paste.

Place the caster sugar and 250 ml water in saucepan over low heat and stir to dissolve.

Add the fig paste and puree till smooth with a hand held stick blender

Cool, then fold in the walnuts.

Beat the egg yolks till thick and pale, add to

the cooled fig paste mix
Whip the cream to soft peaks. Fold the egg and fig mix into the cream
Pour into a container and freeze 2-3 hours
Remove ice cream from freezer and leave to soften.
Serve with fresh figs and walnuts

Jill Frostick



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THANKS

Maurice Clarke and Family wish to thank all the people who attended Mary Elizabeth Clarke's funeral at Weeley Crematorium on 14th February 2018, who donated to the Essex Air Ambulance and Great Ormond Street Hospital. The total donations to Essex Air Ambulance amounted to £688.55 and £440.00 for Great Ormond Street Hospital, making a total of £1,128.55.

COFFEE BREAK NUTRITION with Suzanne Abbott

BRITAIN'S FAT FIGHT

No doubt many of you have watched the new programme *'Britain's Fat Fight'* presented by Hugh Fearnley-Whittingstall at the end of April on BBC1.

Although it's nothing new that Britain is the fattest country in Europe, it's a stark reminder that we can't just sit back and do nothing about it.

Hugh is trying hard to make people aware of the crisis, but also he is asking the Government what they are doing about this growing problem.

The programme will follow the people of Newcastle for 1 year to see if they can lose 100,000lbs within a year.

Hugh ventured out to an impoverished part of town to see for himself the very limited availability of fresh vegetables and fruit from predominantly fast food shops and small supermarkets full of sweets and processed snacks. I am sure this pattern is repeated all over the UK.

This brings me to talk about someone who has come to my attention recently.

Dr Aseem Malhotra, internationally renowned Consultant Cardiologist and best-selling author of *'The Pioppi Diet'*. Dr Malhotra has become one of the most influential and well-known health campaigners, and a pioneer of the Lifestyle Medicine Movement in the UK. He is often seen on TV in his campaign against sugar and highlighting the harms of too much medicine.

He is a spokesperson for the Academy of the Medical Royal College's 'Obesity and Choosing Wisely' Steering Groups and in 2015 became the youngest member to be appointed to the board of trustees of the health think tank, 'The King's Fund'. In 2016 he was named by Debrett's as one of the most influential people in science in medicine in the UK.

He gave a talk to the MEPs at the European Parliament on 12th April this year to argue the case for lifestyle medicine and explain why lawmakers need to change EU health policy – this includes UK too. The title of the talk was: *'Big Food and Big Pharma: Killing for profit?'*

Here is the link between Hugh's programme and Dr Malhotra's speech. Dr Malhotra talked much about improving the nation's health by educating them about the toxicity of sugar, processed food that leads to obesity, type 2 diabetes and heart disease. The UK is known as the Fat Man of Europe where 2/3 of adults and 1/3 of children are obese or overweight. Related illnesses cost the NHS £5 billion/year. Processed food is everywhere – petrol stations, supermarkets, coffee shops even hospitals! This needs to be changed.

Others who talked at the conference were: **Professor Hanno Pijl** – a Dutch internist-endocrinologist and professor of Diabetology who gave a brief insight into type 2 diabetes and how lifestyle intervention should be considered first.

Sir Richard Thompson, the personal physician to the Queen from 1984-2005 and past president of the Royal College of Physicians talked about the resistance of food and tobacco companies to make changes to their profitable products. He has called for an independent inquiry into controversial heart drugs statins after research found existing trial data was flawed.

Also **Sarah Ann Macklin** a former model, now a nutritionist who aims to transform the fashion industry by educating agencies and models on the importance of eating well. An interesting insight into what really goes on behind our backs with regard to food, medicine and treatments and who is really making the decisions.

Dr Malhotra's book *'The Pioppi Diet'* is a must for anyone who wants to find out how to get their health back through diet.

Or, you can just come and see me! 😊
Best of health!

Suzanne
Naturopathic Nutritionist

IN THE GARDEN WITH KATE



My garden is looking glorious at the moment. Not, I might add, due to anything I have done but due to the profusion of wild flowers that have seeded themselves about. I have yellow and white dead nettle, red

and white campion, cow parsley, euphorbia, and perennial forget me not. In addition, the blackthorn is flowering its socks off. These plants, with the addition of stinging nettles, are vital early sources of nectar for the bees and several butterflies need them in order to lay their eggs.

In addition to the plant life, there is masses of animal life; from the rabbits (grr) to tiny field mice and our hedgehogs, all caught on camera, and of course birds of all shapes and sizes. Once again the birds have shunned our boxes and have built their nests in much more private spots, but they still come to the bird table for a top up to their diet.

May weather has been confusing - boiling hot one minute and freezing cold the next, but the underlying day and night-time temperatures are creeping up, and hopefully there will be no frosts.

If there are prolonged dry spells plants may have to be watered and they certainly will have to be deadheaded. It is better to give them a good dousing once a week rather than a trickle every day. Tubs and pots however will need watering even if it does rain. It is worth remembering that we live in one of the driest places in UK, and Beth Chatto's garden, in Elmstead Market, showcases suitable plants for this region.

Grass will need regular cutting but, if there is a prolonged dry spell, it is worth raising the cut. It is also suggested that you do not water the grass (unless it is newly turfed or

seeded) as brown looking grass reverts to green very quickly when it does rain, and we are meant to be conserving water!

In the vegetable garden, lettuce, rocket, spring onions, radishes, maincrop carrots, peas, swede, beans, courgettes, pumpkins and squashes can all be sown. Leeks and brassicas can be transplanted, and greenhouse grown frost tender vegetables planted outside. Gooseberries should be ready to be harvested, together with earlier planted vegetables. Asparagus should no longer be picked, and the bed will need a boost of seaweed based fertilizer.

It is thought to be a good idea to thin heavy crops of plums, apples and pears. I forgot to do this one year, and a mature apple tree actually fell over during a gale due to the weight of the fruit. Needless to say, it was propped back up after pruning, and still produces delicious apples!

June is also the time for roses, one my favourite flowers, especially heavily scented old fashioned roses. They will need a little attention though - spraying with soapy water if attacked by aphids, and regular deadheading.

Lots to do, but please take time to enjoy your garden.

Kate Strowbridge

GT BROMLEY DISTRICT CRICKET



100 Club Winners

April

1st - Barbara Hart
2nd - D. Fuller
3rd - Martin Frostick

VILLAGE HALL TRUSTEES



The village hall AGM and Annual Meeting were held on 16th

May. Kathryn Ealden, Mary Fawcett, Jenny Kaye, Andy Lear and Jackie Lear were elected as trustees for the coming year and they, together with David Beech, Sue Clark, Martin Frostick, Richard Lawson and Kate Strowbridge (who have been appointed as representative trustees by village organisations) will form the management committee for 2018/19. Unfortunately no further volunteers were forthcoming to fill the three co-opted trustee vacancies but it is hoped that these can be filled at subsequent routine meetings of the management committee - so if you are interested in joining the team then please get in touch; your help with running our village hall would be much appreciated.

Martin Frostick was re-elected Chairman of trustees and will also undertake the role of secretary for a further year. Kate Strowbridge was elected Vice-Chairman. Jackie Lear was re-appointed Treasurer and Mary Fawcett was re-appointed Bookings Secretary. Jayne Bates did not seek reappointment as trustee and was thanked for her 8 years of excellent service to the hall during her time as trustee. Mike Corduff and Graham Taylor both resigned as trustees during the last year and were thanked for the contributions they made during their tenures. Mention was made of the late Mary Hart who gave several years of unstinting support to the hall as the WI representative. Pender Richardson was thanked for auditing the accounts to his normal high standard and Ivan Arthey was thanked for all of the excellent maintenance work he has undertaken for the hall over many years. Marion Britton was thanked for her continuing hard work as caretaker.

There has been greater utilisation of the village hall in the last year with hire income increasing by over 12% during 2017/18 to £21,202. Additionally, fundraising contributed £4,633 to hall funds

which has more than covered the additional costs of the ongoing refurbishment programme once grant income is taken into account. Hire charges were not increased last year and, although they are extremely competitive compared with those levied for similar facilities in the local area, it is not proposed to increase them in 2018.

Refurbishment work at the hall continues, with exterior redecoration due to be completed this summer along with a new kitchen roof, new floor coverings, improved security and completion of improved car park lighting. The last major element of the refurbishment project is resurfacing of the car parks which it is intended to complete later this year, grant funding permitting.

The village hall trustees look forward to being able to provide accommodation for you whether it is for a birthday party, reception or commercial event. Details of the facilities available are provided on the village website greatbromley.org.uk.

Martin Frostick
villagehallsecretary@greatbromley.org.uk
or 01206 250263



Little Dragons Pre-School - Great Bromley & Frating

Church Meadow Bungalow, Hall Road, Great Bromley CO7 7TR
Ofsted Inspected

Website: www.littledragonspreschool.org
Email: littledragonspreschool@gmail.com



OFSTED INSPECTED **OUTSTANDING**

BREAKFAST AND AFTER SCHOOL CLUBS- PLACES AVAILABLE

Tel: 01206 231823/ 07857 503103

We are flexible and happy to take children for the occasional session and times to suit your situation.

If you require further information please call us on the numbers above or pop in to see us.

30 Hours funding for eligible parents comes into effect from September 2017 - give us a call for more details.

This term Chris from 'Cannons2006 Sports Club' is again visiting each week to teach our older children basketball and other ball skills. The children have a wonderful time and learn important skills such as turn taking, colour matching and how to score a basket!

These children have also been participating in our woodwork sessions – woodwork provides a unique learning experience for young children. It is rich in so many areas of learning and really good fun too.

FUNDRAISING:-

Upcoming events- make a note in your diary.

SUMMER FAIR – Saturday 16th June - 11.00am – 3.30pm - At Church Meadow Bungalow

FREE ENTRY FOR ALL THE FAMILY

This year is our 40th birthday so we will be celebrating in style!

Lots of games/ attractions/ barbeque and more! Bring the family for a lovely day out.

ASDA GREEN TOKENS

Help us to fundraise when you shop – please tell friends and family too. Thank you.

Asda 'Green tokens'

Please look out for '2-3's garden project' in

the foyer of Asda Colchester. If you use the self-service tills don't forget to ask for a green token. Thank you for supporting our project.

Please help us to collect:

Used Printer Ink Cartridges/ biscuit wrappers/ plastic bottle trigger heads and caps from washing up bottles.

OUR RECYCLING STATION now makes it easier to drop off items

We have set up an area – across the car park to the right of gate, with boxes for you to drop off collected items. Thank you.

We take children from the age of two years and offer a 'home visit' to families of children prior to them starting Pre-school.

This gives the child the opportunity to meet their key-person in their own home, aiding the transition stage to pre-school. It also enables us to collect and share information in a confidential environment.

For further information or to arrange a visit to the setting please contact us on the above number.

Party Table and Chair Hire

Having a party for Pre-School children?
We can offer 4 perfectly sized tables & 20 chairs.

*Deposit only £10 Tables only £5.00 each
Chairs Only £1.00 each*

Collection Only - Contact us: Tel: 07857 503103 Email:

littledragonspreschool@gmail.com

Dates for diary:

Monday 4th June – Friday 8th June – Family Week

Saturday 16th June – Summer Fair

Friday 20th July – Last day of term

April meeting

In April, we departed from our usual format of finding a speaker for our meeting. We asked one of our local members to share her stories about her recent trip to Japan.

Eileen Brown has been a regular world traveller. She left school and sailed on oil Tankers for Shell Oil. One of these tankers transported Liquid Natural Gas (LNG) from Brunei to Yokohama. It was a regular run, always arriving in Yokohama at 7am every second Monday. She had the opportunity to visit the great Buddha of Kamakura, near Yokohama. Frequent Tsunamis have washed away the outbuildings many times since it was built in the 13th Century, and now the second largest Buddha in Japan sits serenely in the open air.

Eileen described her trip around Honshu – the largest Island in Japan, spending time in Tokyo, Osaka, Kyoto, Himeji, Hiroshima, Miyajima and Kinosaki Onsen. She also showed her return visit to the great Buddha 38 years (and 38 pounds) after the first visit.

She entertained us with pictures of the food that is eaten in Japan. Fast food 'Bento' boxes, beautifully crafted with a variety of different ingredients, sold at stations to eat on the train. Japanese like to have synergy when they eat. For them a well-balanced meal contains rice, meat, fish or tofu, some beans, crispy pickled vegetables in vinegar, and a sweet pickle or red bean.

All restaurants have incredibly realistic plastic models of the foods likely to be found inside the restaurant, so travellers do not need to worry if they cannot speak the language. Most major signs are in English and Japanese, so it is easy to get around the country.

Travellers can get a two-week train pass for around £340 which gives access to the Shinkansen – the bullet train. Journeys can be booked weeks in advance – before you even leave the UK. The Japanese rail system is so organised that when your train and seat is booked, you are notified of the

platform it will leave from – before you leave for your trip. Trains have an average delay of 18 seconds and are incredibly fast – reaching a top speed of almost 190mph. Communal bathing in Japan is utterly different to bathing in the UK. To bathe in a hot spring bath, or Onsen, you must submit to a ritual. You take off your shoes, enter the segregated bathing area and place all your clothes – and your bath towel in a locker. You are permitted to take a long flannel into the wet room with you. You must then sit down on a bucket to thoroughly shower (It is bad manners to spray anyone else with your shower water). Then, wipe off your water with your tiny scrap of flannel. Then you can go into the hot spa – which is very hot indeed. You are not permitted to wet your flannel in the pure spa waters. Instead, fold it up and place it on your head.

After you are heated through, nicely pink, you can go and sit on the bucket to shower off the spa water, towel yourself off with your head-flannel, then go back to the changing room when you can finally use your dry fluffy towel.

An experience indeed – especially for prudish English folks – and an insight into another culture that many of us now would like to visit. Thank you, Eileen.

May meeting *"Lets Celebrate"*

1948 was a good year. Great Bromley Women's Institute was born!! Therefore it was fitting indeed that on Wednesday 2nd May Members celebrated this special 70th birthday.

Steph Smith from St Osyth and vice chair of the Trustees joined us at our A.G.M. and presided over the meeting and joined our celebrations.

After a rousing rendition of Jerusalem the formalities of business took place. Susan Scott was appointed President for a further year, the committee for 2018-2019 was elected, the Competitions cup was

presented to Wendy Gallaher and worthy thanks were given to retiring committee members and other members who help towards the smooth running of our W.I .throughout the year

We were then treated to a fine "Finger Buffet" which consisted of "Ration Recipes" nibbles, wine, juice, tea and coffee. And of course a delicious birthday cake made by Wendy and Merriel. "Happy Birthday" sung, the huge cake was ceremoniously cut by three past Presidents, Jill, Sue and Jenny.



Susan and her committee had worked very hard to make the evening such a success, our Village Hall looked splendid set out with lace table cloths, bone china cups and saucers as well as flowers

from the garden.

We had such fun, time to chat, time to laugh, time to reminisce. Thank you Susan. A fun quiz entitled "Me in 1948" caused much merriment and discussion as to who these bonny children were!! (of course some of us were much too young to join in!!!)

Our next meeting is June 6th and the talk is to be given by Paul Nicholls, Q.P.M. on his life and passion training police dogs. The competition is entitled: "The Best Aroma". Come and join us at 7.30pm in the village hall.

Opening of the Bromley Cross Community library

Following the opening of our new community library at The Bromley Cross, our membership is increasing week by week. Books are being borrowed (and returned!), specific books are being ordered for customers from Essex Libraries-you only need to ask, and the book will be ordered for you and collected from Manningtree, ready for you to pick up at The Cross. At present, the library is only open on Wednesday between 10-12, but the volunteers are happy to extend sessions if there is demand. It has been suggested that a session after school could be an option. At the moment there are five volunteers, but we would be happy for anyone to join us, no matter how irregularly. Come and see us and get a good book!



photo by Paul Cudmore.

L to r: Chris Taylor, Kate Strowbridge, Yvonne Cobbold, Gill Thomas, volunteers and Cheryl Arthur, Essex Libraries, Cllr Sue Barker, and Mark Norman, Essex Libraries



St Helena Hospice
 your time...your hospice
 Registered Charity Number 280919

Stunning display to come to Castle Park this summer

St Helena Hospice is inviting people to be part of a beautiful installation of ceramic forget-me-not flowers coming to the grounds of Colchester's Castle Park this July.



Created by the same team who brought the poppies to the Tower of London, St Helena has commissioned this project to allow local people the chance to dedicate one of these unique flowers to celebrate a loved one's life, in return for a donation to the charity. Each of the handcrafted forget-me-nots will be displayed from Friday 6th to Sunday 8th July, with Boards of Remembrance available for visitors to leave their own special messages.

There will also be an informal service on Sunday 8th July held next to the garden featuring uplifting words and music to for

those who wish to celebrate the lives of their loved ones. The forget-me-nots will then be available for collection by those who have donated for them.

To donate for a forget-me-not flower call St Helena Hospice's fundraising team on 01206 931468 or visit sthelenahospice.org.uk/forgetmenot.



 <p>Community Library at The Cross Every Wednesday 10.00am-12 noon</p>	 <p>The Post Office at The Cross Wednesday mornings 10 -</p>
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2018-19 EVENTS

JUNE

- 2 Donkey Day Charity Event, Tether's End, 10.30am
A Midsummer Night's Dream, Lt Bromley church, 7.30pm
- 6 Orwell Housing Association proposals, Village Hall, 3-7pm
Wl, Village Hall, 7.30pm
- 8/9/10 Lawford church Flower Festival
- 9 St Helena Hospice Bubble Rush, High Woods Country Park
- 16 Little Dragons Summer Fayre, Church Meadow Bungalow, 11.00am
- 17 Table Top Sale, Village Hall, 2.00pm
- 21 Friendship Club, Village Hall, 2.00pm
- 23 Midsummer Tea & Pimms Party, Lt Bromley church, 3.30pm

JULY

- 4 Wl, Village Hall, 7.30pm
- 7 Summer Fair, St George's School, 12 noon
- 14 Tendring Show
- 19 Friendship Club, Village Hall, 2.00pm
- 20 Bingo Night, Seven Rivers Cheshire Home
- 29 Bromfest, Lt Bromley church, 12 noon

AUGUST

- 16 Friendship Club, Village Hall, 2.00pm

Seven Rivers

60th anniversary celebrations



Strawberry Cream tea

Saturday 23rd June

at 2.30pm

with Gary King as Elvis to
entertain us

ALL WELCOME

Lawford Church Flower Festival

June 8th, 9th 10th 2018

"Let me tell you a story".

Friday 8th June 10am-4pm

Saturday 9th June 10am-4pm

Sunday 10th June 12.30pm – 4pm

Flower displays Refreshments

Cake stall

Second-hand books Children's activities

Face painting

Raffle Handbells

Guest Organist

Free entry

Donations to the Church welcome

Please follow us on Facebook at Lawford

Church or @stmaryslawford for more
details

Friends of Little Bromley Church

Future events

Saturday 2nd June

A Midsummer Night's Dream

by Wm Shakespeare.

7.30-9.00pm

Following last year's wonderful
performances, Thisismytheatre group
returns.

Tickets only £10 (and concessions) for

Friends' mailing list, online ([https://](https://www.thisismytheatre.com/little-bromley-2/)

www.thisismytheatre.com/little-bromley-2/) or via email to

friends@littlebromley.org.uk.

Saturday 23rd June

Midsummer Tea and Pimms party

3.30-5.30pm

Support the Churches Conservation
Trust!

Music by Rococo

Free admission

Little Bromley Church Bromfest

Sunday 29th July

12 noon-5.00pm

Our annual music festival

Free admission

Table top Sale

In aid of Great Bromley Village Hall funds

Sunday 17th June 2018

2-4 pm

Clear out your loft and garage and make some money for your summer holidays!



Tables £10 each
payable in advance
To book, please
contact Kate

Little Dragons Pre-School

SUMMER FAYRE

(Biggest Ever)
&

40th birthday



Saturday 16th June
11.00am-3.30pm
at Church Meadow
Bungalow

BBQ

Craft Stalls Raffle
Babs Barnyard Mobile Petting Farm
Face Painting Tombola
Fun & Games

Free Entry for all the Family

IT'S HERE!!!

Our Annual

DONKEY DAY CHARITY EVENT

to raise funds for EST - the part of the Donkey Sanctuary that supports children with severe learning difficulties, and petting therapy for the elderly in residential homes

will be held on Saturday 2nd June
10.30am-1.00pm

at Tether's End, Ardleigh Road, Great Bromley CO7 7TL

£3 entry includes a cuppa and a cake

Jane Brind is bringing her lovely donkeys to welcome you; there are stalls, a raffle and refreshments so please do come along and help us raise as much as possible for the charity. For more info, please ring Brenda or Richard on 01206 230537



Village Hall Events

Saturday 10 Nov -**Festive Fayre**
Shopping Event
at Village Hall

St George's C of E Primary School PTA

Come and join the fun!

BBQ + Beer tent + Refreshments + Ice Cream
Entertainment + Activities + Stalls + Games

Summer Fair

SATURDAY, 7th JULY - 12.00pm - 4.00pm

St George's C of E Primary School, Great Bromley

Inflatables + Beat the Goalie + Coconuts

Teacher Stocks + Bottle Tombola

Much much more for the whole family to enjoy

This event is to raise funds for St George's C of E Primary School PTA Registered charity no. 904702

A Very British Afternoon Tea
1-30 June
Tea, Coffee and Cake...
Just bake and donate!
Host your own Very British Afternoon Tea and raise funds for Essex & Herts Air Ambulance - helping to save lives one cake at a time.
To get your free fundraising pack call 0345 3040 055 or email athena@essexair.org
SPONSORED BY
BerryWorld FR Essex & Herts Air Ambulance
Your local life-saving charity

New Affordable Homes planned for Great Bromley

Orwell Housing Association are preparing to build new affordable homes for rent and sale, as well as homes to buy outright in Great Bromley on land off Mary Land North.

This development consists of flats and houses with local people being given priority on the affordable homes.

The development already has outline planning consent and Orwell will shortly be submitting full detailed plans. There are 24 Homes in total planned 16 of which will be affordable and the remaining 8 will be outright sale. The homes for sale will be sold through Orwell Homes, a private development subsidiary of Orwell Housing.

Why not come along to see the proposals and meet the Design Team involved at our Open event on



Wednesday 6th June between 3pm and 7pm at GREAT BROMLEY VILLAGE HALL.

This will be a great opportunity to meet the design team involved, look at and comment on the designs, as well as ask any questions you may have.

Officers from Tendring District Council will also be in attendance to discuss how potential applicants can apply for the affordable homes proposed.

If you are unable to attend but wish to view the plans or alternatively would like further information; please go to www.orwell-housing.co.uk or call Greg Dodds on 01473 228648.

FRIENDSHIP CLUB

Our April meeting was preceded by a delicious fish and chip lunch which was well attended, and thoroughly enjoyed.

The meeting began with a request for a volunteer to give the vote of thanks to the Speaker each month. Please do volunteer. A "thank you" letter had been received from Marjorie Culham for our donation to her Charity including monies raised from the sale of items sold.

Our Speaker for the afternoon was then introduced who gave a very full account of his work with memorabilia relating to WW2.

We shall welcome a representative from Wiltshire Farm Foods to our June meeting, and the competition, an egg cup.
Sylvia Ward





1968 Ford Anglia
on corner of
Morebarn Road &
Badley Hall Road



Escort kicks up
some dust on
Park Road into
Honeypot Lane



1979 Ford Escort
Mk2 clipping the
straw bale

LETTERS

Dear Editor,

I enclose a few snaps I took of the Corbeau Seats Car Rally on Sunday 22nd April. It was a glorious sunny day and a pleasure to stand in three different spots around Great and Little Bromley to take in the action of over 100 rally cars, modern and classic.

Apparently this was England's first ever car rally to be held on closed public roads and I think we were lucky to be chosen for one of the five stages. I know some people were anxious beforehand about damage to roads and property, or being hemmed in to their property for a couple of hours by the temporary road closures, as well as hearing some other negativity which sounded a bit like it was for the sake of having a good moan! The only complaint I had was the lack of information to the general public and house owners about exact timings for the stages and hence road closures.

I haven't heard of any major issues in the Bromleys (perhaps you have in other letters) but have heard plenty of positive feedback from people who thoroughly enjoyed the spectacle. It was not a high speed rally and the route was quite well thought out. I loved the way the cars dived in and out of the gates of Park Farm farmyard to add a change of surface and also slow down the cars so they didn't end up in the hedge on the corner of Honeypot Lane!

I certainly hope the event returns to Tendring and look forward to watching again next time.

Yours,
Hugh Frostick

Peugeot 306 Grounds out in Park Farm Yard



Harry Thomas and Alex Waterman in their Ford Fiesta R2

Subaru Impreza looking for grip



MORE THAN JUST A FARM

We are now half way through the year and WOW what a difference a few weeks makes! We went from sub-zero temperatures to torrential rain to above 25 degrees! At the start of April we had a very busy Easter with many young families bringing their children to see our livestock. It is so great to be able to educate the younger ones about where meat comes from, although some of the boys were more interested in the tractors and machinery around.



By the middle of April, it was finally warm and dry enough to move the livestock outside onto luscious grass meadows. Some of our herd have never seen grass but after some persuasion were out of the trailer and really enjoying being outside. Did you see our lambs in the field next to the road?



With all the hot weather our Oil Seed Rape fields have bloomed with stunning yellow flowers. These flowers are important for honey bees to pollinate and produce delicious honey. We fertilise our fields with

Nitrogen to encourage crop growth to maximise crop yield. Other farms around Gt Bromley produce potatoes: this process takes some time. Firstly, stones are removed from the field using a de-stoner to reduce the risk of potatoes forming in odd shapes. Following this the borks (ridges) are formed which is where the potato seeds are placed. Potatoes need lots of room to grow so growing them in borks is the best way allowing maximum room to grow, maximum sunshine and water for each plant to grow and produce its best yield.



On 22nd April we had the Car Rally, what a fun and exciting day for any car enthusiast and, with such a sunny day, they couldn't have asked for better weather. This weather has carried on and our first May bank holiday was sun and blue skies all round. With record temperatures reaching 25 degrees, the BBQs were out! We have an exciting time ahead in the butchery with new products becoming available and we now sell delicious Free Range Eggs, locally produced from Stanway. BBQ packs are also available throughout the summer months.

Until next time, Thank you
Becky
www.beckysbutchers.co.uk

GREAT BROMLEY PARISH COUNCIL

www.gbpc.org.uk

Clerk: Lizzie Ridout Email: clerk@gbpc.org.uk

A busy start to the municipal year with the Annual Council Meeting where, amongst other items, the Parish Council made the following appointments:

Responsible Financial Officer -
Clerk/Accounts Monitoring Officer -
Cllr. O. Blowers

Internal auditor - Mr. W. Marshall
Council Website Manager and Social Media
- Mr. N. Skinner

Community Speedwatch Coordinator -
Mr. N. Skinner

Tree Warden - Col. M. Frostick OBE
Assistant Tree Warden - Miss R. Lawes
Footpath Warden - Cllr. C. Mander
Personnel Committee - Chairman, Vice-
Chairman and another Cllr agreed by the
Council (depending on circumstance).

Appointments of Council's representatives
on the following bodies were also approved:
Great Bromley Village Hall Committee -
Cllr. C. Stowbridge

Hare Green Recreation Ground Committee
- Cllr. D. Hardy

Parish Passenger Transport Representative
- Cllr. R Day

Emergency Planning Coordinator -
Cllr. R. Lord

Tending District Association of Local
Councils - Cllr. C. Stowbridge

We also agreed the following dates for this
year's Parish Council meetings:

13th June 2018

11th July 2018

8th August 2018

12th September 2018

10th October 2018

14th November 2018

12th December 2018

9th January 2019

13th February 2019

13th March 2019

10th April 2019

8th May 2019 inc. AGM and Annual
Parish Assembly

Cllr Stowbridge stood down as Chairman
of the Parish Council after 3 years but she
remains a parish councillor. Cllr Lord, as
Vice-Chairman, will be chairing meetings
until a new Chairman is elected.

We also co-opted a new parish councillor -
welcome Simon Baines to the Parish
Council.

Despite some confusion over diversions put
in place for the new Harwich Road
roundabout, we hope that this has now
been resolved with help from the
contractors Osbourne Construction. Cllr
Day and Cllr Nicholls have raised concerns
on behalf of residents and have been able
to resolve most of the difficulties
encountered.

With funding received from Essex County
Council, we have purchased two flood
barriers for use in the village. These will be
stored at The Courthouse and a training
session has already taken place, and a
further one is currently being arranged for a
later date.



PLANNING DETERMINATIONS

REFERENCE	PROPOSAL	LOCATION	DECISION
18/00246/FUL Mr Michael Thompson	First floor extension on top of existing ground floor extension - to provide third bedroom with ensuite.	1 Chase Cottages, Honeypot Lane Great Bromley CO7 7UR	Approval - Full 11.04.2018 Delegated Decision
18/00268/FUL Mr Nigel Brind	Rear and side extension.	Brook House, Brook Street, Great Bromley CO7 7HX	Approval - Full 11.04.2018 Delegated Decision
18/00247/FUL Mr Andrew Digweed	Erection of 2 bay cartlodge studio garage.	Whiteleaf House, Colchester Road, Great Bromley CO7 7TN	Approval - Full 25.04.2018 Delegated Decision

PLANNING APPLICATIONS

REFERENCE	PROPOSAL	LOCATION
18/00596/FUL	Single storey rear and side extension. Great Bromley Parish Council had no objection to the application.	Quintrel Chase Road West Great Bromley CO7 7UA
18/00623/DETAIL	Reserved matters planning application for proposed 6 No. detached dwellings and garages, and the change of use of the existing barn into a village shop with associated parking for visitors. Great Bromley Parish Council supported the overall application but objected to the specifics of the design of the shop.	Little Paddocks, Frating Road Great Bromley CO7 7JL

DISTRICT COUNCILLOR NEWS

As I reported in my article in last month's news, Tendring District Council's Resources and Services Overview Committee will meet on Monday 30th July at 7.30pm in the Council Offices at Weeley. The committee consists of 11 councillors as determined by Widdecombe Rules. The chairman is Councillor Mark Stephenson.

The Corbeau Rally is on the Agenda. Residents can attend but are not permitted by committee rules to ask questions.

Councillor Mark Platt was re-elected as

Chairman of TDC at the AGM held on 24th April, Councillor Karen Yallop was re-elected as vice chairman.

Clacton Airshow will take place on Thursday 23rd and Friday 24th August. The Red Arrows are confirmed for both days and the mighty Typhoon will be flying on 23rd.

Fred Nicholls

STOUR VALLEY U3A

Recent Meetings

Roger Kennell will talk on "William Pretty – A Suffolk Family & Corset Manufacturer" on Wednesday 9 May. His illustrated presentation followed the major corset making business of William Pretty & Son at Ipswich (& its outpost factories) which was part of the Footman Pretty department store, now Debenhams.

Future Meetings & Diary Dates

On Wednesday 13 June Tony Diamoond's subject is "Chocolate". He will present the history of the colourful discovery of chocolate and the spread of the hot drink in Europe, its astonishing aspects and an overview of its financial importance to the UK.

"Round the World in a Container Ship" is the interesting talk by Peter Hesketh, a former Police Officer & Merchant Navy Purse, on 11 July. As a lone passenger for around 4 months it positively was not a cruise! He explains the attraction of and comments on, life at sea when the ship spends so little time in port.

We hold our popular Summer Buffet at a new venue The Ipswich Best Western Hotel Copdock on Friday 3 August. This larger venue will enable more members to join this enjoyable event

Membership -

Our main purpose is to

encourage lifelong learning for those who are no longer in full time employment and emphasis is always placed on making learning active and fun as well as helping in developing friendships. We have a wide range of groups including language study, country walking, computer studies and gardens, churches and historic buildings visits. In the main, membership is drawn from communities in the lower Stour Valley and adjacent areas including Brantham, Capel St Mary, Dedham, East Bergholt, Holbrook, Lawford, Manningtree, Raydon, & Stratford St Mary. We are affiliated to the Third Age Trust, have over 300 members and 38 groups. For further information please visit www.stourvalleyu3a.org.uk where membership secretary Gillian Gibbs may be contacted.

Meeting Venue - We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2 for 2.15pm. Annual membership costs £12 a year and this entitles members to attend the meetings that take place on the second Wednesday of each month, except August and December.

Remember - It's never too late to learn! Join over 400,000 members across over 1,000 U3As throughout the UK today!



STOUR VALLEY MEN'S PROBUS CLUB

Recent Meetings

We had two interesting speakers in May, Joyce Kimber spoke on 2nd May on "Britain's Finest Hour" and on 16th May Brain Kelly enlightened us on "The Life Of a British Consul". Both meetings were much enjoyed by members.

Future Meetings & Diary Dates

Dr John Knight will talk to us on 6 June on the life of "John Betjeman "The Man & His Poetry" and on 20 June Chris Parfitt will present "A Portrait of a Suffolk River". On 4th July John Field will introduce us to "The Treasures of Ipswich". We hold our Summer Buffet at The popular Haywain on 18th July when our spouses and Probus Widows join us for what is sure to be an enjoyable event and a tasty meal.

Meeting Venue

We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB

New members are welcomed

Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the opportunity for development of acquaintances. New members are welcomed by Stour Valley Men's Probus Club, we meet on the first and third Wednesday of each month in Manningtree at 10 for 10.30am. Please contact Speaker Secretary Dave Carman on 01255 880202 for further details.

George Alfred Studd (1899 – 1918)

George Studd was born in 1899 in Little Bromley, almost certainly at his parents' house on Shop Road, which until recently had been called Manningtree Road. Both of George's parents, Charrington and Clara (whose maiden name had been Chaplin) were natives of the village, and had one other child, a boy called Edwin who was born in November 1901.

Like most of the Little Bromley's menfolk at that time, Charrington Studd worked as an Agricultural Labourer as did Clara's father, George Chaplin, who also lived with the family.

George was conscripted into the British Army shortly after his 18th birthday. Since early 1916, voluntary recruitment had ceased, and even if a man wanted to join up they were still officially a conscript.

George – still only 18 years old - was posted to France at the start of April 1918, and on the 13th of that month he joined the 18th Battalion of the Lancashire Fusiliers. For most of the War, the minimum age for a British soldier to be sent overseas was 19, however the reverses suffered by the British in March – which were, in part caused by a manpower shortage - prompted the age requirement to be lowered to 18½.

During George's time with the Battalion, they only spent a few, short periods in the line – all of which were in the vicinity of Aveluy Wood, near Albert. The Wood had been situated just behind the British front line for

most of the 1916 Somme battles, but a large part of it was captured by the Germans at the end of March 1918 during the first of their Spring Offensives.

On 1st June 1918, the 18th Lancashire Fusiliers were one of three battalions tasked to recapture that part of the Wood still in German hands. Initially they met with success, and by 5.30 a.m. had attained their final objective. At midday the Germans - who by this time had been heavily reinforced - counter attacked and, despite determined resistance the British, were gradually forced back to their starting positions.

The Battalion suffered 265 casualties in the attack, including 20 dead and 49 missing. Most of those initially listed as missing had in fact been killed, including George.

George has no known grave, and is officially commemorated on Panel 34 of The Pozieres Memorial. This Memorial commemorates over 14,000 casualties of the U.K. and 300 of the South African Forces who have no known grave, and who died on the Somme between 21st March 1918 and 7th August 1918.

Arthur Herbert Gosling (1881 – 1918)

Arthur Gosling was born at Stanway, near Colchester, on 29th January 1881. His parents Alfred and Hannah, were the Master and Matron of the Lexden and Winstree Union Workhouse which was situated on the south side of London Road. The family, including Arthur and his 3 older siblings, lived in the Master's quarters which were situated in the centre of the main building.

At the age of 15, Arthur joined the Merchant Navy. He later served for 3 years in the South African Constabulary before returning to his calling as a Seaman.

Alfred and Hannah Gosling moved to Great Bromley (where they lived at The Hollies) sometime between 1901 and 1909, most likely when Alfred retired. After Alfred's death in September 1909, Hannah continued to live in the house along with her daughter Amanda.

By the summer of 1915, Arthur was in Canada, and on 30th July he volunteered to join the Canadian Expeditionary Force (C.E.F.) at Vernon, British Columbia. His enlistment papers describe Arthur as being 5 foot 7 inches tall, with blue eyes and fair hair.

The C.E.F. was the name given to the field force created by Canada for service overseas in the War. Canada was the senior Dominion of the British Empire, and automatically went to war with Germany with the British Declaration on 4th August 1914. During the course of the war, the Canadians earned themselves a reputation as a formidable fighting

force, and as a result were often used as assault troops.

Arthur left Canada on April Fool's Day 1916 and arrived in England eight days later. He was posted to France at the end of June, and the following month joined the C.E.F.'s 29th (Vancouver) Battalion.

His service in France included involvement in the Battle of the Somme in 1916 and the Battle of Arras (where the Canadian Corps played a major role in the capture of Vimy Ridge) in 1917. In August 1917 during the Battle of Hill 70 (near Lens) Arthur was wounded in the eye and left hip. His wounds were not overly serious, and he was returned to duty the following month.

On the night of 2nd/3rd June 1918, a force of 183 men from the 29th Battalion took part in a trench raid on the German line, near the village of Boiry Becquerelle. The raid was successful, but the Battalion suffered 49 casualties, including 12 dead. One of those killed was Arthur.

Arthur - along with 7 of his comrades who were killed in the raid - now rests in the Bellacourt Military Cemetery, south-west of Arras

FROM THE RECTORY

The logo of the actors' union Equity features a pair of masks, one smiling and one frowning. This traditional symbol has long been associated with drama and represents the ancient Greek Muses of Thalia and Melpomene, the muses of comedy and tragedy.



Masks were first used to enable actors, who were originally all men, to play a variety of male and female characters and differentiate between them with a mask for each. Not a disguise as such, but a way of hiding the actor's own features, and presenting an alternative face to the world.

More recently, comedienne & ventriloquist Nina Conti has put face masks on volunteers from her audience that cover the lower half of their faces. Conti uses a hand piece to manipulate the mask and make it appear as if the volunteer is talking. The voice that the audience hears is Conti's. Although the mouth, its movement and the words that come from it are disguised, the eyes of the volunteer remain on view. and display emotions that range from detached amusement to abject horror.

Masks enable people to do and say things that they wouldn't normally say or do. There is something anonymous about them. Genuine emotions and feelings can remain hidden.

The putting on of a metaphorical mask in everyday encounters is something that many people do without ever really realising. Whether the mask they wear is the role that they inhabit as teacher or parent, or situational at a funeral or with difficult family members, masks cover what we don't want to be seen.

Despite our own habit of putting on a mask, we want to know the truth behind those that others wear. Whether it's our politicians or our religious leaders, we want to know what they really think, what actually makes them tick, their genuine opinions; not their carefully crafted media soundbites. We value authenticity highly.

God knows what we are like behind the mask. There is no need to put on a front to hide how we feel or disguise our emotions. He loves us just the same.

Rev Canon Simon Heron
Lawford, The Bromleys & Little Bentley
Area Dean of Harwich

01206 392659
www.lawfordchurch.co.uk
'Loving God. Living Life.'

ST. GEORGE THE MARTYR, GREAT BROMLEY



Services for June

Welcome to our services

June 3rd	Trinity 1 9.15am Holy Communion (BCP) with hymns
June 10th	Trinity 2 10.30am Parish Eucharist (CW1)
June 17th	Trinity 3 9.15am Family Service
June 24th	Trinity 4 10.30am Parish Eucharist (CW1) 6.30pm Evensong with choir (BCP)

Vicar:	Revd Canon Simon Heron	01206 392659
Churchwardens:	Mrs Jenny Nicholls	01206 230688
	Mrs Yvonne Cobbold	01206 230360

*The church is open daily and you are welcome to visit.
More details and information at www.greatbromley.org.uk
Facebook or Twitter @StGeorgesGtBrom*

St Mary's church, Lawford

Every Sunday	8.00am	Holy Communion
1st Sunday	10.30am	Holy Communion
2nd Sunday	10.30am	Family Service
	6.30pm	Evensong
3rd Sunday	10.30am	Holy Communion
	6.30pm	Café Church
4th Sunday	10.30am	Morning Worship
Wednesdays	9.30am	Holy Communion

St Mary's church, Little Bentley

1st Sunday	10.30am	Morning Prayer
3rd Sunday	10.30am	Holy Communion

St Mary's church, Ardleigh

1st Sunday	10.3am	Parish Eucharist
2nd Sunday	8.00am	Holy Communion
3rd Sunday	10.30am	Parish Eucharist
4th Sunday	8.00am	Holy Communion

J.A.M. DROP-IN

Every Friday in St George's church
Term time only
Parents and children welcome
All are welcome
3.00pm to 3.45pm
Refreshments, activities

Church Lunch

Friday 1st June at 12 noon
Please come & join us for friendship & fun.