

The Messenger

The Magazine of
the villages of
Great & Little
Bromley

June 2019



*Above: Jean and
Sheila sharing a
laugh*

*Right from left to right:
Joy, Irene and Mo
enjoying a cuppa*



theWI

*Photographs courtesy
of Merriel Gallifant*

THE FIRST PAGE

I was recently asked a question which caused me to delve into The Messenger archives which I hold. I have every copy printed since the Rev'd Davies published the first issue in June 1986 which was typed out by his wife and then roneo-d. A labour of love.

As far as I can work out Hot-Line Printers (who still efficiently print The Messenger each month) took on the printing in early 1992. When I took over as Editor in May 1993 I used our brand new Amstrad computer with the diabolically noisy daisy wheel printer. Looking back at the magazines I obviously wasn't in total control of the new fangled computer! Having completed the magazine (only 12 pages) I printed it out before cutting and gluing pictures into sections I had left blank. By the Millennium the number of pages had crept up to 16 and I had a band of regular and loyal contributors, some of whom still contribute today. Somewhere about this time I began to send each issue to the printers electronically with, initially, little success. Photographs started to appear on the front cover in 1995 but it is only since 2008 that we began to have a different cover each month. All thanks to computers and modern technology. Photographs were also now being inserted into the pages of the magazine itself which made it much more interesting and alive.

The number of advertisements were increasing and with them the number of pages increased. Our sponsors and

advertisers are hugely important as without them we could not deliver you your magazine to each of your doors for free. We accept advertisers within a 15 mile radius only and Word of Mouth tells us if an advertiser is giving problems to our readers although, in actual fact, I can only recall one real problem advertiser who was not continued. Please let our advertisers know that you found them in our pages.

Throughout, the contributors have faithfully sent in their reports each month and I thank them for that. I only have to nag occasionally! Henry and Ann Fairley, until only recently, organised the distribution and Richard in recent years, with Len Christo before him, does the treasuring. I thank them all for their support.

This particular issue sports 36 pages but they sometimes get up to 44 which is the maximum number of pages from the printing machines capabilities - and quite enough for me to do!

I hope you enjoy reading it and find The Messenger informative and helpful each month - it is still a labour of love! I had a fascinating afternoon looking through the old copies and if anybody ever wishes to refer to them just contact me and come and take a look. You will be surprised what you find and also be impressed by the articles, poems, reports etc that have been written over the years.

Thank you to you all for your support.

Leonie

MATERIAL for the **JULY 2019** edition of 'The Bromley Messenger' should reach the Editor, Leonie Henderson, by

14th JUNE 2019 please. Contributions from anonymous sources will not be printed.

Whilst the editor welcomes contributions, photographs etc this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright. Publication is in good faith and neither the editor nor the publisher accept any liability in respect of the content of any article, photo or advertisement, including any error or omission, responsibility for which remains with the author.

Copy can be delivered by hand, sent by post or e-mail (see inside back cover) or via the link on the websites www.greatbromley.org.uk or www.littlebromley.org.uk

For details of availability and costs for **ADVERTISING** in the 'The Bromley Messenger' please contact the Treasurer on 01206 230537

Please support the sponsors of our magazine.

St. George's Church

Great Bromley (C07 7TS)

Flower Festival 2019

over the weekend of Friday 28th June (10am-5pm), Saturday 29th June (10am-5pm), Sunday 30th June (from 12noon) and Monday 1st July (10am-5pm)

Every day there will be a raffle, stalls, quiz & refreshments. There will also be:

- On Friday: School concert.
- On Saturday: Line Dancing, Tower Tours, Organ recitals, Hand bells.
- On Sunday: Benefice Service at 10.30am, Lunchtime BBQ, Concert between 3pm and 4pm by Peter and Judith Clayton, Afternoon Tea, Grand Draw, Songs of Praise at 6.30pm led by Bishop Roger.
- On Monday: Little Dragons visit, concert.
- Not forgetting all the wonderful flowers on display, all based around the theme

of **'As Long As I Have Music'**

Please come and visit us over the weekend. **Free Admission.**



It's time to take part in
**The Bromley's
'Pebble / Rock
Competition'**

This event will be part of the 2019 Great Bromley Flower Festival

Our theme for this year will be

"As Long As I Have Music"

Does this make you think of something that you could paint, decorate or draw on a rock (of any size up to 12" diameter) with permanent markers? It could be anything musical, a song, an instrument, etc. What does this theme make you think of?

There are several age sections: 3 – 5 years, 6 – 11 years, 12 – 16 years, and 17 – 99 years

Entry forms will be available from the 1st June in Great Bromley Church Entrance and in Little Bromley Church Porch. This will contain deadlines, rules, etc.

There will be a £1 charge towards the PCC to enter.

Fill in the registration form and return it to Great Bromley Church with your rock by Tuesday 25th June 2019 to be in the competition.

The rocks will be on display over the whole of the weekend.

For more details contact: Cagol Cordwell on 01206 395103

PLEASE SUPPORT OUR SPONSORS & ADVERTISERS



VILLAGE HALL TRUSTEES

The village hall AGM and Annual Meeting were held on 15th May.

Kathryn Ealden, Mary Fawcett, Andy Lear, Jackie Lear and Chris Taylor were elected as trustees for the coming year and they, together with David Beech, Sue Clark, Martin Frostick, Richard Lawson and Kate Strowbridge (who have been appointed as representative trustees by village organisations) will form the management committee for 2019/20. Unfortunately no further volunteers were forthcoming to fill the three co-opted trustee vacancies but it is hoped that these can be filled at subsequent routine meetings of the management committee - so if you are interested in joining the team then please get in touch; your help with running our village hall would be much appreciated.

Martin Frostick was elected as Chairman of trustees and will also undertake the role of secretary for a further year. Kate Strowbridge was elected Vice-Chairman. Jackie Lear was appointed Treasurer and Mary Fawcett was appointed Bookings Manager. Jenny Kaye did not seek re-election as trustee but will continue to support fundraising events at the hall. She was thanked for her work developing the social media presence of the hall and organising the Christmas and Spring markets. Jackie Lear was thanked for her considerable efforts in undertaking the roles of both treasurer and bookings manager in recent months. William Marshall was thanked for auditing the accounts to a very high standard and Andy Terry and Andy Lear were thanked for their ongoing maintenance work at the hall. Marion Britton was thanked for her continuing hard work as caretaker.

There has been greater utilisation of the village hall in the last year with hire income

increasing by over 7% during 2018/19 to £22,914. Additionally, fundraising contributed £2,223 to hall funds, which helped to pay for the refurbishment programme in the absence of any grant funding being awarded during the year. Hire charges were increased on 1st January which helped to balance the books; however, the cost of the replacement kitchen roof in effect pushed the hall to a £1,700 excess of expenditure over income for 2018/19.

Refurbishment work at the hall continues, with redecoration and re-flooring of the kitchen the top priority for the coming months. The last major element of the refurbishment project is resurfacing of the car parks which it is hoped to undertake later this year, grant funding permitting.

Recent fundraising events for the village hall have been both successful and enjoyable, with the Cross Inn Quiz Night on 9th May raising £234 and the annual Plant Sale on 11th May raising £522. Thanks are due to Kate Strowbridge and Jayne Bates for organising the Quiz, to Kate and others for running the Plant Sale and to all those who supported these events.

Martin Frostick
villagehallsecretary@greatbromley.org.uk or
01206 250263

GREAT BROMLEY & DISTRICT CC

**COME AND PLAY
KWIK CRICKET**
School Years 1-6

FRIDAY EVENINGS
6:30pm - 7:30pm

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- ✓ Only £2 a session!
- ✓ Opportunity to play games and tournaments!

Bar and Clubhouse open from 6:30pm!



Little Dragons Pre-School - Great Bromley & Frating

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We are flexible and happy to take children for the occasional session and times to suit your situation.

If you require further information please call us on the numbers above or pop in to see us.

30 Hours funding for eligible parents came into effect from September 2017 -give us a call for more details.

On Friday 5th April we took part in the 'Silly Sock Day' to raise money for Autism Anglia. Thank you to everyone who donated –we raised £22.00.

This term Chris from 'Cannons 2006 Sports Club' is again visiting each week to teach our older children basketball and other ball skills. The children have a wonderful time and learn important skills such as turn taking, colour matching and how to score a basket!

These children have also been participating in our woodwork sessions – woodwork provides a unique learning experience for young children. It is rich in so many areas of learning and really good fun too.

HOLIDAY CLUB

We are running holiday clubs on the following days in the summer holidays:-

Mondays and Thursdays 8.30am- 400pm

Mon 29th July and Thur 1st August

Mon 5th August and Thur 8th August

Mon 12th August and Thur 15th August

Prices per child are £30.00 for one session, £27.50 for two to three sessions and £25.00 for four or more sessions. Give us a ring to book a place for your child.

FUNDRAISING:-

Upcoming events – make a note in your diary.

SUMMER FAYRE -Saturday 15th June – 12pm – 3pm – at Church Meadow Bungalow

Lots of attractions including pony rides/ show displays/ BBQ/ steam train rides and lots

more. Bring the family for a lovely day out.

Please help us to collect:

We are now collecting **CRISP PACKETS** – reduce landfill waste and help us raise money too! Any brand of crisp packets accepted including multi-pack outer packaging.

We are still collecting biscuit wrappers (sweet and savoury)/ plastic bottle trigger heads and caps from washing up bottles.

OUR RECYCLING STATION now makes it easier to drop off items

We have set up an area – across the car park to the right of gate, with boxes for you to drop off collected items. Thank you.

We take children from the age of two years and offer a 'home visit' to families of children prior to them starting Pre-school. This gives the child the opportunity to meet their key-person in their own home, aiding the transition stage to pre-school. It also enables us to collect and share information in a confidential environment.

For further information or to arrange a visit to the setting please contact us on the above number.

Party Table and Chair Hire

Having a party for Pre-School children?

We can offer 4 perfectly sized tables & 20 chairs.

Deposit only £10 Tables only £5.00 each

Chairs Only £1.00 each

Collection Only - Contact us: Tel: 07857

503103 Email:

littledragonspreschool@gmail.com

Dates for diary:

Monday 3rd June – Preschool returns after half term

Saturday 15th June – Summer Fayre

Friday 21st June - Barnardo's Toddle

24th July – Last day of term

LITTLE BROMLEY PARISH COUNCIL

Email: littlebromleypc@gmail.com

The work that is being done to get fibre broadband into Little Bromley is continuing. The latest being that fibre cables are being installed down the length of Shop Road. We understand the deadline for interest in the County Broadband scheme has also been extended - so anyone wanting to take up their offer still has time.

The bus service for Little Bromley has been changed to take into account that turning right onto the A120 at Pelhams Corner will soon no longer be an option. The new timetable will be published on the Council's website.

We have been asked to remind residents that all dog mess should be bagged and either put in one of the 2 bins in the Village or taken home and disposed of. Apparently there is still an issue on some of the footpaths.

The next meeting of the Council will be at 7.30 on the 18th of July at The Haywain.

Little Bromley Parish Council

GREAT BROMLEY PARISH COUNCIL

www.gbpc.org.uk

Clerk: Lizzie Ridout Email: clerk@gbpc.org.uk



Being May we held our Annual Meeting and the Parish Assembly in addition to our normal monthly meeting. Cllr Lord stood down as Chairman, and Cllr Strowbridge was proposed, seconded, and unanimously voted for to hold the office of Chairman for the municipal year. Cllr Lord was voted in as Vice-Chairman.

The Parish Council made the following appointments:

Responsible Financial Officer	(Clerk)
Accounts Monitoring Officer	(Cllr O. Blowers)
Internal auditor	(Mr. W. Marshall)
Council Website Manager and Social Media	(Mr. N. Skinner)
Community Speedwatch Coordinator	(Mr. N. Skinner)
Tree Warden	(Col. M. Frostick OBE)
Assistant Tree Warden	(Miss R. Lawes)
Footpath Warden	(Cllr C. Mander)
Personnel Committee - Chairman, Vice-Chairman and another Cllr agreed by the Council (depending on circumstance).	

Appointments of Council's representatives on the following bodies were approved:

Great Bromley Village Hall Committee	(Cllr. C. Strowbridge)
Hare Green Recreation Ground Committee	(Cllr. D. Hardy)
Parish Passenger Transport Representative	(Cllr G. Thomas)
The Bromley Messenger Management Committee	(Cllr R. Heaney)
Neighbourhood Action Panel	(Cllr. R. Lord)
Tendring District Association of Local Councils	(Cllr. C. Strowbridge & Cllr G. Thomas)

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Emergency Planning representative
St George's Primary School representative
St George's Parish Church representative

(Cllr R. Lord)
(Cllr G. Thomas)
(Cllr R. Heaney)

We also agreed the following dates for this year's Parish Council meetings:

12 th June 2019	11 th December 2019
10 th July 2019	8 th January 2020
14 th August 2019	12 th February 2020
11 th September 2019	11 th March 2020
9 th October 2019	8 th April 2020
13 th November 2019	13 th May 2020 inc. AGM and Annual Parish Assembly

We welcomed District Councillors Gary Scott and Ann Wiggins who are TDC Ward Members for Alresford and Elmstead – which incorporates Great Bromley – following the local elections held in early May.

Other items discussed in the meeting included the Tending Rally held at the end of April. Any safety concerns should be reported to Mike Carran, TDC's Lead Officer on the Safety Advisory Group.

By the time you read this, the long-awaited Harwich Road roundabout should have completed...

Next meeting is on Wednesday 12th June, 7.30pm at Great Bromley Village Hall – everyone is welcome.

Lizzie Ridout, Parish Clerk

FROM THE ARCHIVES - JUNE 1989

Mad Hatter's Tea Party Sunday 16th July

"... Circulating will be the Alice Quiz Competition in advance of the day." (*Jolly difficult it was too - no Google to help with the answers*)

"You will soon have the chance of seeing the Mad Hatter T-shirts designed by Robert Terry" (*I still have one!*)

"Early warning .. Pauline Greenfield, Linda Pinhey and Mary Bush will be needing quantities of scones, sausage rolls, cakes etc for the day, and also gifts of packets of ea and sugar, so please offer soon. There is, I believe, a job for everyone in our parish in some way, folding raffle tickets, on the

gate, the car park, the stalls etc so please do not wait to be asked. ...
Jean Harding"

I wonder how many of you remember that day in July? Beautiful sunny weather, many people came, fancy dress costumes worn. My husband had spent hours cutting out, making and painting flamingos for the croquet. Hard work but great fun held in the lovely gardens of Copley Dene.

I also wonder if there are any pictures of the event somewhere?

Planning determinations

REFERENCE	PROPOSAL	LOCATION	DECISION
19/00364/ AGRIC Mr William Kempster	Proposed single storey pitched roof building.	Newhouse Farm, Hall Road, Great Bromley CO7 7TP	Prior approval required - deemed application refused 03.04.2019 Delegated Decision
19/00468/TPO	Group of Limes - crown lift to around 3m	Copley Dene, Parsons Hill, Great Bromley CO7 7JA	Approval - Full 15.04.2019 Delegated Decision
19/00216/FUL Mr Gary Rowe	Proposed construction of covered loading bay to existing warehouse building.	Crossways Centre Frating Road Great Bromley CO7 7JW	Approval - Full 01.05.2019 Delegated Decision

Planning applications

REFERENCE	PROPOSAL	LOCATION
19/00507/FUL Mr Perry Miller	Strip off existing plain clay roofing tiles, repair and re-roof using existing tiles, re-construct three dormers which had previously been removed. Great Bromley Parish Council had no objection.	Hill House, Harwich Road Great Bromley CO7 7UL
19/00527/LBC Mr Perry Miller	Strip off existing plain clay roofing tiles, repair and re-roof using existing tiles, re-construct three dormers which had previously been removed. Great Bromley Parish Council had no objection.	Hill House, Harwich Road Great Bromley CO7 7UL
19/00659/FUL Mr G Orme	Extension to bungalow and addition of front porch. Great Bromley Parish Council had no objection.	The Cottage Badley Hall Road Great Bromley CO7 7UX
19/00674/OUT Mr and Mrs Owens	Proposed erection of a bungalow with associated double garage, driveway and garden area. Great Bromley Parish Council had no objection.	Wisteria House Back Lane East Great Bromley CO7 7UE

THANK YOU

Dear Residents,

On behalf of Rosemary and myself I would like to thank all of you that turned out and voted for us on 2nd May. By now you will be aware that we were unsuccessful and you will have two new district councillors. I wish them well and hope they will give you as much support as Rosemary and I have given to you.

I do intend to continue as a parish councillor and will do my utmost to ensure my proposed 30 mph speed limit along Harwich Road becomes a reality. I will also continue to press the NEPP to install the single yellow line outside St Georges School. A child narrowly escaped injured recently

when she got out of a car parked opposite the school and ran into the road.

The new roundabout that I successfully campaigned for is now very close to being opened. It has been delayed due to the contractor having a number of construction problems!!

The Local Highways Panel are requesting district councillors to support my suggestion that "20 is plenty" signs outside all schools in Tendring that have requested them.

Thank you for all your messages, telephone calls and email. Your support is greatly appreciated.

Rosemary Heaney and Fred Nicholls

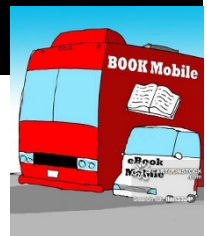
LIBRARY VAN

The mobile Library Van still comes to Church Meadow from 9.45 to 10.15am every three weeks.

The van has a very large selection of books and CD's. It is also possible to order any book that is not on the van. It is accessible to all.

We need to support this facility or we may well lose it.

It is due on 13 June, 4 July, 25 July and every three weeks following.



FRIENDSHIP CLUB

Our April meeting was preceded by a fish and chip lunch which was thoroughly enjoyed by all.

The meeting began with various correspondence and a discussion about the future of the Club. The committee has with much regret decided that in view of the lack of new members to move the venue of our monthly meetings to smaller premises. As from May our meetings will be held at the Cross Inn at the new time of 2pm., finishing at 4pm. We wish to thank the village hall committee past and present for their support over many years.

Our speaker for the afternoon was a representative of the Children's Trust who gave a detailed account of her work in Nepal providing aid to victims of earthquakes. The Trust is also hoping to build a new school for children living on the streets of the city, the money for which is raised by fundraising and donations.

Our speaker for May is Vicki who will be playing folk songs. The competition a handkerchief.

1 Sylvia Ward



ST. GEORGE'S (C OF E) SCHOOL, GT. BROMLEY

Telephone: 01206 230305

We are thrilled to announce that we have been awarded a grant of £2250 from the Tesco Bags of Help project which we participated in via the blue token scheme in local stores. This money will be used to create an outdoor learning area for our Year One pupils to use during lessons. We will keep you updated as the project takes place; we hope to have everything in place ready for the new school year in September. Thank you to all who voted for us.



Our Mother's day lunch was very well attended with 71 mums able to share some time and food in school with their children. Connor S said he really enjoyed being together with his mum and he liked the breakfast too!

Well done to everyone who entered the Easter Themed Lunch colouring competition. Many congratulations to our winners - Isla W and Beatrix L - who were presented with an Easter Egg in today's Celebration worship. The winners were chosen by Ms Allen our Unit Catering Manager and huge thanks go to her and all the lunchtime team for a very busy couple of weeks.

We like to start our new topics with a 'bang' each term to get the children really excited and eager to learn. What better way to do this than a fun-filled pirate dress-up day for our Class One and Two children? It was wonderful to see them all in their outfits on the first day back and we know they all had a wonderful day in class, taking part in lots



of pirate-themed activities such as making parrots and pirate hats, going on treasure hunts and testing out handmade pirate ships. They even walked the plank!

In Key Stage Two, the children kick-started their term's learning with a Virtual Reality experience. We like to incorporate trips and visits into our termly topics but as this term's are 'The Deep' and 'Secrets of the Rainforest', this proved rather challenging! So we found a way to bring the oceans and rainforests to Great Bromley instead.

Class 4 said 'we were transported to these places by VR and it was an amazing experience where we encountered an array of creatures including Manta Rays, Green Turtles, Bull Sharks and an enormous Potato fish on The Great Barrier Reef. It was so realistic that some of us even jumped! The Mountain Gorilla was right behind us. Class 4 also visited the amazing ruins of Chichen Itza in Mexico. We'd love to start every topic in this way!



IN THE GARDEN WITH KATE



By June, says the theory, summer should have arrived but it is hard to tell in mid May, as I write this, whether or not this will have happened; having just had hail storms and cold North winds. Nevertheless, gardeners have to be eternal optimists.

Even if the sun is not shining with the brilliance of last year, the garden will still probably be romping away. Roses and peonies are in flower as are clematis, bearded iris and many others. Many trees and shrubs are looking magnificent, and tubs and pots should be starting to look their best too. It would be wonderful if you could sit back and enjoy the beauty, but unfortunately, it is not only the cultivated plants that are racing ahead. Weeds seem to have taken on a life of their own and appear, as if by magic, very soon after an area has been cleared. It would be impossible to have a totally weed free garden, but a little and often approach may help. Hoeing on dry sunny days means that the weedlings will quickly die, but removing any weeds before they seed is vital.

Gaps in the flower beds can be filled with bedding plants, and it is a good time to propagate from tender perennials such as pelargoniums and fuchsias and take cuttings from short lived perennials such as pinks. Regular deadheading will prolong the flowering season, as will regular feeding and watering, especially of pots and tubs.

In the vegetable garden, lettuce, rocket, spring onions, radish, pak choi, maincrop carrots, peas, swedes, calabrese, sweetcorn, beans, both French and runner, courgettes, pumpkins and squashes can be

sown, or if started in the greenhouse, planted out. Leek seedlings can also be planted now, as can brassicas.

Fruit trees should be thinned of their crop. Many will fall of their own accord in the "June drop", but reducing each "bunch" to one or two apples increases the final size of the fruit. In addition, air can circulate better, reducing the likelihood of a rotten fruit infecting others. Rhubarb and strawberries can also be harvested now.

Not only are the plants growing at breakneck speed, but the insect population is multiplying fast, and vigilance is required to ensure your broad beans are not infected with blackfly, lilies and fritilleries with lily beetle, and pots and tubs with ants. I have lost many plants through ants accessing pots and building a nest in the tub.

Lawns are growing fast and furious, and will need mowing frequently and regularly. If there is another drought, raise the cutting blades on the mower as the grass is more likely to survive if not scalped. Although tempting, if there is a drought, it is better not to water the lawn. Not only is it a waste of a precious resource, but most lawns bounce back when the rain returns. However, if it is a new lawn, this does not apply, but a good soaking once a week will be more beneficial than frequent sprinklings.

Most important advice - make time to admire and enjoy your garden!
Kate Strowbridge

2019 EVENTS

JUNE

- 1-2 Little Bentley Hall Waterways & Garden Show
- 5 WI meeting, Savoury Nibbles Demo, Village Hall, 7.30pm
- 5-6 Hound within the Heart, Headgate Theatre, 7.30pm
- 7 Church lUnch, St George's church, 12 noon
ISingPop concert, St George's Church,
- 8 Midsummer Tea and Pimms Party, Lt Bromley Church, 3.30pm
- 8-9 Two Open Gardens in Ardleigh
- 11 Romeo and Juliet *This is My Theatre* group, Lt Bromley Church, 7.30pm
- 15 Little Dragons Summer Fayre, Church Meadow Bungalow, 12 noon-3.00pm
- 20 Friendship Club, Village Hall, 2.00pm
- 28-30, 1 July Gt Bromley Church Flower Festival
- 29 Captain Noah & his Floating Zoo, Old Hall, E Bergholt, 6.15pm
- 30 Service followed by Benefice BBQ, Gt Bromley church

JULY

- 13 Tendring Show, Lawford
- 20 Summer Serenade, 7.30pm
- 30 Concert with Spectrum & Guests, 7.30pm

AUGUST

- 7 WI BBQ, Fryerning, Gt Bromley, 2.30pm
- 10 Race Night, Gt Bromley Cricket Club Marquee, 7.00pm

Little Bromley Church

Romeo and Juliet

June 11th at 7.30pm

This is My Theatre group

Summer Serenade

Featuring 'Spectrum'

Saturday 20th July at 7.30pm

Tickets: £8

Tasty nibbles and a glass of wine included

Contact Jenny on 01206 230688

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1-30 June

Tea, Coffee and Cake...
Just bake and donate!

Host your own Very British Afternoon Tea and raise funds for Essex & Herts Air Ambulance - helping to save lives one cake at a time.

To get your free fundraising pack call 0345 5040 055 or email afternoontea@heat.org

Essex & Herts Air Ambulance
Your local fundraising charity
Charity Number: 110889

FR REGULATORY

OPEN GARDENS

8th-9th June 11.00am-4.00pm

2 Open Gardens In Spring Valley Lane,

Ardleigh CO7 7SA

IN AID OF St Helena Hospice

To enter both gardens £5 per couple.

Children free

Melmillo & Sunnyside are both ¼-½ acre gardens

With ponds, varied beds and borders, mature areas, vegetables, trees, greenhouse, wild flowers

TEAS*CAKES*PLANTS*RAFFLE for sale



Race Night

@ Great Bromley Cricket Club
IN THE MARQUEE

on
Saturday 10th AUGUST 2019

- ◆ 7.00pm for first race at 7.30 pm
- ◆ Bar available all evening
- ◆ Always popular so reserve your space. Free admission.
- ◆ Contact Tracey on 01206 251434
- ◆ This is a fund raising event for Great Bromley Cricket Club

LITTLE DRAGONS

SUMMER FAYRE

SATURDAY 15TH JUNE 2019

12PM – 3PM

CHURCH MEADOW BUNGALOW
HALL ROAD, GREAT BROMLEY, COLCHESTER
ESSEX CO7 7TR

PONY RIDES-SHOW DISPLAYS-BBO-BOUNCY CASTLES-FACE PAINTING-NAIL ART
ICE CREAMS-HOMEMADE CAKES-RAFFLE-STEAM TRAIN RIDE- HAIR BRAIDING
STREET FOOD-FAYRE GAMES-CARICATURE ARTIST-CHILDRENS CRAFT ACTIVITIES
FIRE TRUCK-BALLOON CHARACTERS -VARIETY OF STALLS-ARTS & CRAFTS

ALL PROCEEDS GO TO LITTLE DRAGONS PRE-SCHOOL – REGISTERED CHARITY
NUMBER 1136038 & JUSTGIVING PAGE: LITLEDAGONSPRESCHOOL

FOR FURTHER INFORMATION & STALL BOOKINGS PLEASE CALL CLAIRE ON:-
07387181235 OR EMAIL CLAIRE.HUGHES81@YAHOO.CO.UK

Friends of Little Bromley Church Tea and Pimms Party

on Saturday 8th June
at St Mary's Church,
Lt Bromley
3.30pm - and 5.30pm.

Come and hear Rococo sing
for us. Admission is free,
everyone welcome



iSingPop

The pupils of St George's Primary School would like to invite you to a concert in St George's Church on Friday 7th June. This is the culmination of a project called iSingPop in which the children work with professionals to learn catchy pop songs with a Christian message and record a CD.

See the school website for details of the concert and we hope you will be able to join us.

Little Bentley Hall Waterways & Garden Show

1st & 2nd June 10.00am-5.00pm
Adults: £10, Children U15: Free
Tickets in advance via website £8

GARDENS OPEN

Tour these beautiful private gardens, arboretum & waterways.
Show Gardens * Fine Art Show * Over 80 Quality Trade Stands * Silent Auction

All monies raised to support local charities
For more information and tickets visit:
www.littlebentley.net or call 07802 282193

Stour Choral Society
presents
**Captain Noah and His Floating
Zoo**

Children from
Highfields Primary School, Manningtree
will be joined by members of
Stour Choral Society
on **Saturday 29 June 2019 at 6.15pm** at
Old Hall, East Bergholt, CO7 6TG

Come and hear the ever-green story of
Noah and his ark in this light-hearted re-
telling through Michael Flanders'
immensely witty and skilful libretto,
brilliantly set by Joseph Horowitz to well-
known types of popular music! Both choirs
will also perform other songs with a watery
theme.
Susie Hyman will direct the combined
choirs with Stephen Smith providing
accompaniment.

**Tickets £20 Family (2 adults, up to 3
children), £8 adult, £4 under 18**
from Highfields Primary School, Howells
Hardware Store, Manningtree, or 01206
392820.



Monday 3 June 9-10.30pm
Parkers Garden Centre, Frinton Road,
Kirby Cross



Thursday 13th June at 5.00pm
Manningtree High School, Lawford



**COMMON GROUND
THEATRE COMPANY**
present
**THE HOUND WITHIN
THE HEART**
by Pat Whymark

*Touring East Anglia –
Thursday 20th May to
Saturday 15th June*

**For more information, visit the web link
or call the relevant number.**

Headgate Theatre, Colchester (CO2 7AT)
Wednesday 5th & Thursday 6th June,
7.30pm

01206 366000 /

headgatetheatre.co.uk £12/£7 (U21s)

**Sir John Mills Theatre, Ipswich (IP1
2LQ)**

Friday 14th & Saturday 15th June,
7.30pm

01473 211498 / easternangles.co.uk £12/
£7 (U21s)

Running time - 2 hours (incl. interval)
ALSO ON OUR WEBSITE, DETAILS OF
OUR AUTUMN TOUR,

A SIDECAR NAMED DESPAIR!

www.commongroundtc.co.uk

Julian Harries & Pat Whymark

Common Ground Theatre Company
07807 341364

For more information, e-mail us at
commongroundtc@btinternet.com



The Post Office

At The Cross

Wednesday mornings

10 - noon



Community Library

at The Cross

Every Wednesday

10.00am-12 noon

New technology to record end of life choices

If you have an incurable illness or care for someone who has an incurable illness or is suffering from fragility or dementia, then this article will be of interest to you.

Have you heard of the My Care Choices Register, or MCCR for short? Developed and introduced by St Helena, the charity which helps local people face incurable illness and bereavement, the MCCR was first launched in September 2013.

It was inspired by a need to provide those with an incurable illness a chance to record their end of life choices. To empower the patient and to help embrace those conversations that need to happen amongst loved ones.

Questions such as: Who do you want to care for you when you are too poorly to manage it all yourself? Where would you like to be? What information do you want those caring for you to know? Did you know that if you want to die at home, then you must have a DNACPR (do not attempt cardiopulmonary resuscitation) form in place? This information can all be listed on the MCCR.

Last month, in conjunction with the North East Essex CCG, St Helena launched a new and Improved version of the MCCR which allows more healthcare professionals access to the patients choices. This means

Have you thought about the choices you would like to make when you know that you don't have long It was a system that allowed certain healthcare professionals to log the choices of their patients.

Information such as where they would like to be cared for and the type of care they would like to receive, as well as details about diagnosis and the medical treatment they are receiving. This information was then available to medical professionals to view and saved the patient having to repeat.



WE NEED YOU!

**JOIN OUR COLLECTION CREW
AND HELP SAVE LIVES
across Essex and
Hertfordshire**

SIGN UP TO COLLECT

Volunteer for as little as 2 hours during
National Air Ambulance Week this September and
help keep your local life-saving Charity operational.

To find your nearest collection site and to sign up
please call 0345 5040 055 or register online at ehaat.org/naaw

Our National Air Ambulance
Week is sponsored by:

NAAW

Specialist
Aviation
Services

Essex & Herts
Air Ambulance
Your local life-saving charity

Registered with
FUNDRAISING
REGULATOR

Charity Number: 1108989

Past Meetings

Our speaker on 8 May was Dr Helen Geake, National Finds Adviser, Portable Antiquities Scheme. She talked about local finds recorded by PAS, archaeology found by the public. She explained what to do if you find an historic artefact whilst gardening, beachcombing or walking the dog. This talk looked at how archaeologists reconstruct items and will include details of local finds.

Future Meetings & Diary Dates

Dr Stephen Ashworth, Senior Lecturer at UEA will talk on "Lies, Damned Lies & Statistics" on 12 June. How good are we at intuitively judging probabilities? Should everyone be able to earn more than the average wage. Is it a scandal that doctors/dentists/academics are below the national average? An excursion into statistics & probabilities, which is hoped, will encourage critical consideration of the statistics with which we are bombarded every day.

On Wednesday 10 July Paul Stancliffe, Media Manager of The British Trust For Ornithology, will talk to us on "Bird Migration". He will explain what we know & what we don't know. How the BTO is using the very latest technology to uncover the mysteries of bird migration. We will follow cuckoos, nightingales and swifts as they undertake amazing journeys to and from their wintering grounds. Our August Meeting, is a member's only event and will be held at the Venture Centre, Lawford, CO11 2JE, at the normal time, on the 14th of the month. Further information will be given at the June & July meetings.

Each month, the Coffee Grinders meet at The Lambe School, Gaston Street, East Bergholt, CO7 6SD from 10-12 noon. This meeting especially welcomes new members but gives all members the opportunity of meeting the activity Group Leaders and the Committee whilst enjoying a cup of coffee.

The next meeting is on Friday 28 June.

Membership

Our main purpose is to encourage lifelong learning for those who are no longer in full time employment and emphasis is always placed on making learning active and fun as well as helping in developing friendships. We have a wide range of groups including language study, country walking, computer studies and gardens, churches and historic buildings visits. In the main, membership is drawn from communities in the lower Stour Valley and adjacent areas including Brantham, Capel St Mary, Dedham, East Bergholt, Holbrook, Lawford, Manningtree, Raydon, & Stratford St Mary. We are affiliated to the ThirdAge Trust, have over 370 members and 35 active groups. For further information please visit www.stourvalleyu3a.org.uk where our membership secretary Val Pretty may be contacted.

Meeting Venue

We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2 for 2.15pm. Annual membership costs £12 and this entitles members to attend the meetings that take place on the second Wednesday of each month, except December. Whilst Visitors are welcome to join us on a limited number of occasions, paying a donation each time, Members are given priority, for safety reasons, due the halls limited capacity.

Remember

It's never too late to learn! Join over 400,000 members across over 1,000 U3As throughout the UK today!



GT BENTLEY DOCTORS' SURGERY

Here we are in the summer already! As well as the serialised blog below I've been asked to point out a few important points this month:

Consent – We often have people phone us on behalf of family members. We cannot discuss any patients' confidential information with anyone else unless we have express written consent. This includes even just confirming an appointment time or date. Our staff often experience disgruntled patients as a result, but they would be breaking the law if they complied and are absolutely right to refuse. If there is frequently a need to discuss someone else's details and they are happy for us to do this, they just need to write to us expressing consent to talk to the named family member and we will note this on their record.

Monthly Training Afternoons – The North East Essex Clinical Commissioning Group has mandated that all practices in North East Essex will be closed for one afternoon each month from now on. This is in order to attend important area educational events and to complete the huge amount of mandatory training all members of staff have to keep up to date with. During these afternoons our doors will be closed and phones will not be answered. Any urgent medical attention can be sought by calling 111 on these afternoons as well as 24/7 365 days a year. We will ensure that our website and phone message are changed on these afternoons to make patients aware.

“10 insider tips I bet you don't know about your GP”

I came across a great online blog by a Dr Jon Griffiths recently which really struck a chord with our GPs. As a result I am serialising this blog with Dr Griffiths's permission and share its contents with our patients and numbers two and three are below. You can read the full blog online here: <https://bit.ly/2GHljRt>

Your Doctor might play golf, but

probably not in their lunchbreak!

The traditional view that people have of GPs is that they see a few patients in the morning; a couple of visits, then are free until evening surgery at 5pm. Plenty of time for 18 holes in the afternoon? The traditional view is out of date. Most GPs see 20/21 patients in morning surgery, followed by visits, and then a further 20/21 patients in the afternoon. Many GPs see more than this. In addition to these face to face consultations, there will be phone calls and paperwork. Paperwork is an essential part of patient care, but takes time. It consists of looking through the results of the investigations that have been ordered, reading letters from consultants, acting upon these letters (consultants will not infrequently give actions for the GP to undertake), signing prescriptions (signing prescriptions is one of the riskiest things that GPs do – be aware of this and don't be upset if there is a query over your medication – this might just mean that the GP is taking the trouble to check that this is safe for you and won't kill you) and arranging the investigations and referrals from the previous surgery. The waiting room may be empty, but that doesn't mean the GPs are all putting their feet up. That's a lot of patients seen, and a lot of decisions made. If you are waiting for the results of an investigation, this can be stressful, and you quite rightly will want the results as soon as possible.

The patient participation group will be meeting at 6.30pm as usual this month on Thursday 20th June 2019, at the Great Bentley Village Hall.

Richard P Miller – Practice Manager

5G network - 5th generation cellular telecommunications.

As I write this article (mid-May), there is a raging storm going on outside and the thought of long, warm summer evenings seems light years away.

You may gather from the title of this month's article that 5G is very much in the air, whether we like it or not. But what is 5G and do we know enough about it?

The reason why telecommunications companies are moving towards 5G is because it will give us even more speed when we are browsing the internet, no delays when talking on the phone and because the current 4G network is virtually saturated – all because we want MORE! According to Fortune.com 5G will be 10 to 100 times faster than the current 4G. The capabilities of 5G are mind blowing – literally!

What we have at the moment are high towers to redistribute the signal. The new 5G network will have smaller towers, housing 'smart antennas' that will scramble/ unscramble and redirect packets of data on a no-interference path back to us. This is somewhat different to 4G. **This could mean wireless antennas on every lamp post, utility pole, home and business throughout entire villages, towns and cities – the globe.**

Thousands of studies to date already link low-level wireless radio frequency radiation exposures to a long list of adverse biological impacts on the human body including DNA damage, blood/brain permeability (or leaky brain), disruption of cell metabolism. As far back as 2011, the World Health Organisation classified radio frequency radiation as a possible 2B carcinogen.

As Lloyd Burrell quotes: **'We're going to be bombarded by really high frequencies at low, short-range intensities creating a yet more complicated denser soup of 'electrosmog'**

The biggest concern is how these new wavelengths will affect the skin.

Dr. Ben-Ishai of Hebrew University, Israel explains that our sweat ducts act like "*an array of helical antennas when exposed to these wavelengths,*" meaning that we become more conductive. A recent New York study which experimented with 60GHz waves stated that "*the analyses of penetration depth show that more than 90% of the transmitted power is absorbed in the epidermis and dermis layer.*"

Effects on the eyes - An experiment conducted by the Medical Research Institute of Kanazawa Medical University found that 60GHz "*millimeter-wave antennas can cause thermal injuries of varying types of levels. The thermal effects induced by MMWs can apparently penetrate below the surface of the eye.*"

Effects on Bacteria Resistance

A 2016 Armenian study found that MMWs interaction with bacteria altered their sensitivity to "*different biologically active chemicals, including antibiotics.*" More specifically, the combination of MMWs and antibiotics showed that it may be leading to antibiotic resistance in bacteria.

This ground breaking finding could have a magnum effect on the health of human beings as the 5G bandwidth is rolled out world-wide. The concern is that we develop a lower resistance to bacteria as our cells become more vulnerable – and we become more vulnerable.

But of course the most important aspect that we should really worry about is the effect 5G will have on migrating birds, whales and other animals, especially our pollinators. Think twice before demanding the fast 5G.

Suzanne

Naturopathic Nutritionist

Local History Recorders, Crop Marks, and why we are all not currently swimming!

Did you know there is a group of volunteers who record today's events, ready to be tomorrow's history? The Recorder's job is to record what is happening now by taking photographs, scanning the local newspapers, talking to residents and generally keeping abreast of what is happening in the village. An annual report is deposited with the Essex Records Office along with collected items suitable for their archive.

Recorders contribute to the education, community pride and culture of their parishes. History Recording is, we believe, vital for the understanding of present and future residents about their local heritage. Indeed, Recorders are often consulted by Parish Councils over planning matters, and by schoolchildren and students for their local history project work.

Sue Clark is the Great Bromley Recorder, but we have a vacancy for Little Bromley - it would be great if someone could volunteer! It is not an onerous task for a small village. Following the death of Robin Finch (who lived at the Cross Inn at one time) I became the Chairman of the Tendring District Local History Recorders. Please phone me if you are interested in joining our friendly group and I can tell you more about it.

The Tendring Recorders have two business and two social meetings each year. After the short business meetings we have a guest speaker. In our March meeting (held at Great Bromley Village Hall) we had an illustrated talk by David Grayston, the recorder for Tendring village.

David told how a flight in a light aircraft, during a hot summer, revealed to him the interesting crop markings around the Tendring Peninsular, and his slides showed us some fine examples.

The activities of early man in the soil can affect the rate of growth of crops planted above them. Ditches and burial pits have gradually become filled in and can provide a greater depth of moist soil than in their immediate surroundings. This can lead to enhanced growth of the crops above, whilst

compacted surfaces such as floors or Roman roads can inhibit growth. From above, the differences in crop colour and height clearly reveal the patterns of the features that were once below the surface.

Pictures showed evidence of circular ditches created by Bronze Age burials, of which clusters can be seen on the valley tops beside Holland Brook and other water courses. Field boundaries of the Iron age and perhaps Neolithic farmers and their variously shaped animal and village enclosures are visible. The ditches beside Romans roads are evident, along with villas and abandoned villages. Old post windmills show up as hot cross buns! (See pic next page.)

One geological reason of why they are so marked around here is due to the River Thames, which once flowed through Essex and out past Walton across the North Sea Plain and into the Rhine. The Anglian Glaciation pushed a 1km high ice sheet down about as far as the A12, missing us, but diverting the Thames down to the south where it runs now. The Thames had left a wide and deep spread of gravel across north east Essex to form our essential gravel pits. It is the light, gravelly, free draining soil that formed from this deposit that has allowed marks in the crops to be so visible after being disturbed by man.



It was a most fascinating talk and worthy of a book!

Dr Hugh Frostick www.tdlhr.org.uk



theWI

GREAT BROMLEY WOMEN'S INSTITUTE

Our speaker for April was Simon Gallop. His unusual two-screen presentation about the cloth trade gave us plenty to think about. Apparently 500 years ago the Stour Valley cloth trade made it the wealthiest part of the whole country. We were kept on our toes identifying local landmarks and learning about the importance of vigorous rivers and how to tell broadcloth from worsted. Simon's excellent slides, comparing old and modern scenes, clued us in about cloth churches and why steep roofs help you spot a disguised timber-framed house. Why are there 5 pointed stars in the brickwork of local ancient houses? How did half the Harry Potter house end up in the USA? We know now, and you would too if you'd have come and joined us!

In May our AGM went with a swing, welcoming several new members, including former Erdelega ladies with their energetic darts team, and sharing a tasty ploughman's platter.

Ladies, do join us next month, June 5th at 7:30pm at the Village Hall, for a demonstration of Savoury Nibbles.

Dorothy O'Grady



Morning & Annual Meeting of the Friends at Little Bromley

On Saturday 11th May at St. Mary's Church, Little Bromley the Friends held a morning of tea, cake and music. We started at 10.30am welcoming Friends with tea and delicious cakes as we all assembled. Sitting amongst the lovely flowers was a pleasure.

At 11am with the 23 people present we held our Friends AGM. Gregory (our Chairman) welcomed everyone and then gave a brief mention of some of the events held last year. A special mention was made of the lunchtime event performed by Anglia Baroque, who did their first gig in our church last October. The bat watch night had been popular and 'My Theatre' again visited the church. We gave a donation to the Churches Conservation Trust who look after St. Mary's Church. This year we are planning to put a WC in the churchyard

which will be of great benefit to us when holding events. We all decided to stay on the Committee and we were joined by Ann Longhorn as well. Everyone present was voted back on.

After this we had some beautiful songs from Hoyie O'Grady accompanied by his guitar. These were followed by two show songs, one from 'Les Miserables' which were a pleasure to hear. This ended a very enjoyable morning.

Our next event to look forward to is the '**2019 Tea and Pimms Party**' on **Saturday 8th June** between **3.30pm and 5.30pm**. Come and hear **Rococo** sing for us. Admission is free, everyone welcome.

Carol Cordwell



STOUR VALLEY MEN'S PROBUS CLUB

Recent Meetings

Francis Boardman talked about "Son Of A Gun - Woman in Nelson's Navy" on Wednesday 1 May and on 15 May Bill Roberts recalled "Memoirs Of An Armed Protection Officer". Both meetings were much enjoyed by Members.

Future Meetings

On 5 June Norman Jacobs will bring back memories of "Light Entertainment from the 1920's to the 1950's". Two weeks later on 19 June Cathy Shelbourne will speak on "In the Wake of the Mayflower".

Peter Jones will talk about "Martello Towers Of Essex" on 3 July and on 17 July Liz Barringer will talk about the work of The Leonard Cheshire Homes.

We do not hold meetings in August and our speaker on 4 September is Mervyn Linford introducing us to the river from "Cattawade Bridge to Ha'Penny Pier". Ted Wheatley will return again and his subject is "Speakers' Corner" on 18 September.

Meeting Venue

We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB

New members are welcomed

Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. New Members are always very welcome at meetings of the Stour Valley Men's Probus Club, just join us at 10am on a meeting date. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the opportunity for development of acquaintances. We meet on the first and third Wednesday of each month in Manningtree at 10 for 10.30am. Please contact Chairman Dave Carman on 01255 880202 for further details.

FROM THE RECTORY

Of all the weird and wonderful names that have are used for newspapers around the world, the Arran Banner has to be one the most bizarre. Published every Saturday on the Isle of Arran, the weekly publication gets the inspiration for its name from a variety of potato developed in the early twentieth century by a local man on the island. With subscribers from all round the world, the Arran Banner is known for the feisty discussion that takes place on the letters page, covering subjects as diverse as climate change to local traffic and ferry services.

As the prominence of online sources for consumers looking to find their news rises, the death of traditional newspapers has long been predicted. The decline in sales of print editions has been dramatic, and several titles have ceased publication completely.

The immediacy of social media means that news, true or false, is now available in real time. There is no need to wait for tomorrow's paper to discover what might have happened the previous day. Any death of a celebrity, natural disaster or terrorist atrocity will be known world wide minutes after it occurs. The idiom, 'bad news travels fast', could be the motto for the internet age.

But why should bad news be the driver of the news cycle, when there is so much to celebrate?

The book of Proverbs in the bible, a 'collection of collections', brings together wise sayings, instructions for moral loving and right conduct, all under the repeated theme of submission to the will of God. A variety of authors, some named, others left anonymous, have contributed to the several hundred 'proverbs' that make up the completed work.

Among the sayings, two of them in particular have something important to say about news;

'Bright eyes gladden the heart; Good news puts fat on the bones.'

'Like cold water to a weary soul, So is good news from a distant land.'

Although there is much in the world to be concerned about, good news, whether it be a sporting achievement, a wedding or a birth, or the awesomeness of God's creation, the bible tells us that good news can feed our very souls.

Simon

Rev Canon Simon Heron
Lawford, The Bromleys & Little Bentley
Area Dean of Harwich

01206 392659

www.lawfordchurch.co.uk

'Loving God. Living Life.'

Memory Pew Ends

(Flower Festival 2019)

If you would like to sponsor a
'Memory Pew End'
Please sign the list in church or contact
Jenny
£15 each

GT BROMLEY DISTRICT CRICKET



100 Club Winners

March

1st - Dave Hardy
2nd - Kirsty Sims
3rd - Mark Lamb

April

1st - Tom Dodd
2nd - June Wenden
3rd - Sarah Lawson

ST. GEORGE THE MARTYR, GREAT BROMLEY



Services for May and June

St George's Church, Great Bromley

Welcome to our services

2 nd June	Sunday after Ascension 9.15am Holy Communion (BCP) with hymns
9 th June	Pentecost (Whitsunday) 10.30am Parish Eucharist (CW1)
16 th June	Trinity Sunday 9.15am Family Service
23 rd June	Trinity 1 10.30am Parish Eucharist (CW1) 6.30pm Evensong (BCP) with choir
30 th June	Trinity 2 (Flower Festival) 10.30am Benefice Eucharist (CW1) 6.30pm Songs of Praise

Vicar:	Revd Canon Simon Heron	01206 392659
Churchwardens:	Mrs Jenny Nicholls	01206 230688
	Mrs Yvonne Cobbold	01206 230360

*The church is open daily and you are welcome to visit.
More details and information at www.greatbromley.org.uk
Facebook or Twitter @StGeorgesGtBrom*

St Mary's Church, Lawford

Every Sunday	8.00am Holy Communion
1st Sunday	10.30am Holy Communion
2nd Sunday	10.30am Family Service 6.30pm Evensong
3rd Sunday	10.30am Holy Communion 6.30pm Café Church
4th Sunday	10.30am Morning Worship
Wednesdays	9.30am Holy Communion

St Mary's Church, Little Bentley

1st Sunday	10.30am Morning Prayer
3rd Sunday	10.30am Holy Communion

St Mary's Church, Ardleigh

1st Sunday	10.3am Parish Eucharist
2nd Sunday	8.00am Holy Communion
3rd Sunday	10.30am Parish Eucharist
4th Sunday	8.00am Holy Communion

J.A.M. DROP-IN

Every Friday in St George's church
Term time only
Parents and children welcome
All are welcome
3.00pm to 3.45pm
Refreshments, activities

Church Lunch

**Friday, 7th June
12 noon.**

All welcome to join us.
All welcome.

