

The Messenger

The Magazine of
the villages of
Great & Little
Bromley

July 2019

GRAFFITTI

Giant paintings
disturbing people.

Respect our
environment.

Abandoned buildings
getting broken.

Fly tipping should not
be done.

Famous people do it
for money.

Irresponsible people
filling up the walls.

Time is ticking to save
the earth.

This is not our
generation.

It is now time to stop.

Name Alex B
Age 9

CRIME

Crime is an irritating
thing for us all.

Robbing, vandalism,
graffiti....

I'm not a criminal they
will say.

Me, me, me

Everyone will have to
pay.

George B-G
Age 7

CRIMINAL

Criminals do things
they shouldn't and get
themselves into
trouble,

Ruining the
environment around us

Imature teenagers
spraying graffiti
everywhere,

Maybe you should
think about the
consequences,

In the sea there is also
litter,

No-one thinking about
the future,

Anyone can help,
everyone makes a
difference,

Let us be the
generation to save the
environment!

Name: Henry C
Age: 8

Rhymes Against Crime

By pupils of St George's School

THE FIRST PAGE

Gosh the time flies by. We are half way through the year and it is Summer! Although judging by the chilly winds and rain we have been having it hasn't much felt like summer. I don't really feel I should grumble about the recent rain as my garden needed it and I expect the farmers do also. Thunderstorms are forecast during the next couple of days!



The school holidays will be beginning at the end of this month so I expect your thoughts are turning to vacations either here or abroad. I trust you all have a wonderful time. I am off to a couple of wider family BBQs around the country as well as babysitting over a 'hen' do and subsequent wedding weekends so I shall be busy entertaining the next generation.



I shall also be busy relaxing in my garden which is now of a size that I can sit back in my swing chair and enjoy without feeling guilty that I am not burrowing about in the undergrowth all of the time. Luxury!

Leonie

MATERIAL for the **AUGUST 2019** edition of 'The Bromley Messenger' should reach the Editor, Leonie Henderson, by

14th JULY 2019 please. Contributions from anonymous sources will not be printed.

Whilst the editor welcomes contributions, photographs etc this is on the understanding that there is no obligation to publish, that the item may be edited and that there is no breach of copyright.

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Please support the sponsors of our magazine.

FRIENDSHIP CLUB

We held our May meeting at the new venue, The Cross Inn. This was very successful with everyone helping to organize the afternoon. Unfortunately, our Speaker did not attend but after the business we all enjoyed delicious cakes supplied by Brenda and teas/coffee kindly prepared by Amanda. We would like to thank Amanda and the staff of the Inn for making us so welcome, and look forward to our monthly meetings being held there.

Sadly, we have to report the deaths of two of our senior members, Aubrey Blackburn (known as Paddy) late of Burnt Heath and Margaret Turner from Ardleigh. We send our sincere condolences to their families.

Our July meeting will start at 2pm., and the competition, a book mark. The Speaker has yet to be arranged.

Sylvia Ward

KITCHEN CORNER

Lentils and Mushrooms au Gratin

175g /6oz split red lentils
1 large onion finely chopped
1 tsp yeast extract
Finely grated rind and juice of ½ lemon
100g/4oz sliced mushrooms
50g/2oz fresh breadcrumbs
50g/2oz grated Cheddar cheese
600ml/1 pint water
50g/2oz butter
Salt and pepper

Gently simmer lentils in water, uncovered, until tender and all liquid is absorbed – about 20 minutes.

Preheat oven to 180c/350F/Gas mark 4
Fry onion in half the butter for 10 minutes until soft and lightly browned. Add to lentils with lemon juice and rind, yeast extract and salt and pepper to taste. Puree in a blender or food processor.
Fry mushrooms in remaining butter for 2-3 minutes. Put in shallow buttered ovenproof dish. Pour the lentil mix on top. Sprinkle with breadcrumbs and cheese.
Bake at 40-45 mins until golden and crisp on top and bubbly underneath. Best eaten hot.

Jill Frostick



The Post Office at The Cross

Wednesday mornings
10 - noon



Community Library at The Cross

Every Wednesday
10.00am-12 noon

GREAT BROMLEY & DISTRICT CC

**COME AND PLAY
KWIK CRICKET**
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**FRIDAY EVENINGS
6:30pm - 7:30pm**

- ✓ Level 2 ECB Qualified Cricket Coach
- ✓ Only £2 a session!
- ✓ Opportunity to play games and tournaments!

**Bar and Clubhouse
open from
6:30pm!**





ST. GEORGE'S (C OF E) SCHOOL, GT. BROMLEY

Telephone: 01206 230305

We took part in the Outdoor Classroom Day which is an annual event involving schools across the world, promoting the benefits of learning and playing outdoors. At St George's we strive to provide a rich education for our pupils; learning outside



the classroom is just one way to enhance the curriculum. We were lucky to have glorious weather and, with our

beautiful grounds, there was enough space for all groups to work on the field, playground and Forest School areas.

The children were organised into seven mixed-age groups with representatives from each class, working their way through a



series of fun and engaging activities on the school grounds. These were: Orienteering, Water Filtration, Exploring Food Webs, Rock Painting, breadmaking on an open fire, Forest School and Kite-making.

The emphasis was very much on teamwork and social interaction, with children supporting each other and working together, to solve problems.

Many thanks to all the volunteers who

worked alongside the adults and children to make the day run smoothly. It was a great success.

Rhymes Against Crimes

Last half term, class 3 entered the Rhymes Against Crimes competition run by Nigel Spencer, MBE, DL, also the Chairman of the Harwich & District Community Crime Prevention Panel and of the Harwich Sports Association. Children were asked to write a poem based on their thoughts about crimes committed in the community which are unacceptable.

All the children worked hard on their poems which were sent off to be judged at the beginning of May, along with work from all the Harwich schools. We were delighted to hear that three pupils' work had been chosen to be published in an anthology of the winning work.

Congratulations to Henry C and Alex B who were the Runners up in their respective year groups and to George B-G whose work was Highly Commended. The children were invited to a ceremony in Harwich on Monday night to receive their prizes and read their poems out aloud. We can't wait to see their work published.

Alex wrote: *We were asked to go on to the stage to collect our prize and certificate which was given by the mayor. We then read our poem out over the microphone. It was a really nice evening and a choir sang too. We all really enjoyed ourselves*



COFFEE BREAK NUTRITION with Suzanne Abbott

FARMED OR WILD SALMON?-

that is the question.

I eagerly watched the Panorama programme last month exploring the £1 billion salmon farming industry – UK's biggest food export.

I must say it was quite an eye opener although I have already been buying wild salmon in preference to farmed salmon, knowing that these fish are bred in a totally alien environment – in cramped nets, fed antibiotics and pelleted 'food' to make them put on weight.

The programme highlighted how the industry is using powerful marketing to make us believe that the salmon is 'sustainably' farmed, with images of pristine lochs on the packs, creating a fantasy of something 'pure'.

Nothing could be further from the truth.

The fish are in overcrowded nets for up to 2 years. They are fed pellets which are made from a concoction of the flesh of smaller fish, like herring or anchovies, ground-up feathers!, soybeans, chicken fat and genetically modified oil. One other vital ingredient added to the pellets is astaxanthin. This is a colourant usually found in the natural diet of wild salmon – in krill and shrimp. This is what gives the wild salmon the deep orange colour. (*Same goes for the colour of flamingos!*)

You may wonder why there should be colour added to the salmon's feed. The flesh of a farmed salmon is naturally grey, due to the fact that it doesn't roam freely in the sea and it doesn't eat its natural diet. Hence, they need to colour it to make it look more palatable. Of course, we must not forget antibiotics either. These are also fed to the fish to try and keep on top of the diseases they are suffering from.

Sea lice are a huge problem among farmed fish. Due to the overcrowding, the fish are swarming with sea lice. The film showed some fish that were very badly infected by lice. Their skin was virtually falling off them, exposing raw flesh underneath. (*Sorry to be so graphic, it was awful*). It has certainly put 5 me off from eating farmed salmon anytime soon.

Now this problem has existed for many years. The Scottish Environmental Protection Agency (SEPA) found many flaws in the 200 salmon farms that are in Scotland at present. The regulatory structure isn't very good. The standards are difficult to regulate as all the farms are offshore and hiding a multitude of sins under water.

The ecology of the lochs is also changing because of the farms. The faeces from the fish and the chemicals kill the life below the nets. Intensive farming causes around 20% of the fish to die in the nets. One diver filmed the loch bed under the nets to find just a barren underwater landscape. Usually the lochs are teeming with fish and other creatures and plants. The lake bed was dead.

It really is fascinating what the chemists of today in 'big business' have come up with. Feeding rubbish to animals to produce toxic junk food. A very sad state of affairs.

The salmon industry is big business, with a mission in mind. They want to double in value by 2030! And who is there to stop them? Well, believe it or not, it's us, the public. Of course we need to feed the population, but we need to feed them good quality, healthy food. It shouldn't be done at the cost of the environment.

The best way forward is to vote with our eating habits. Let's not eat salmon as often as we do and eat wild rather than farmed. We need to eat a diversity of not only fish, but other food too.

As far as fish is concerned, our 'home grown' fish are mostly exported - crab, langoustine and mackerel. Let's put those onto our plates for a change and give the salmon a fighting chance.

Suzanne

Naturopathic Nutritionist



STOUR VALLEY MEN'S PROBUS CLUB

Recent Meetings

On 5 June Norman Jacobs brought back memories of "Light Entertainment from the 1920's to the 1950's". Two weeks later on 19 June Cathy Shelbourne spoke on "In the Wake of the Mayflower". Both meetings were much enjoyed by Members present.

Future Meetings

Peter Jones will talk about "Martello Towers Of Essex" on 3 July and on 17 July Liz Barringer will talk about the work of "The Leonard Cheshire Homes".

We do not hold meetings in August and our speaker on 4 September is Mervyn Linford introducing us to the river from "Cattawade Bridge to Ha'Penny Pier". Ted Wheatley will return again and his subject is "Speakers' Corner" on 18 September.

Meeting Venue

We meet at the convenient St John Ambulance HQ, Manningtree CO11 1EB

New members are welcomed

Our Club endeavours to be simple in structure, be free of the constraints and obligations of service clubs, and involve members to a minimal cost. New Members are always very welcome all meetings of the Stour Valley Men's Probus Club, just join us at 10am on a meeting date. The club is directed primarily to providing fellowship between members who are compatible with each other, and provide the opportunity for development of acquaintances. We meet on the first and third Wednesday of each month in Manningtree at 10 for 10.30am. Please contact Chairman Dave Carman on 01255 880202 for further details.

IN THE GARDEN WITH KATE



Gardeners are never happy. At the moment it is pouring with rain, but it is always too wet/dry, hot/cold. We do like to moan!

One of the key messages for July is preparation - lots of you will be going away for a week or two over the summer period and, unfortunately, your plants will still need attention whilst you are away. If you have a kind neighbour then your problems are solved, but many people are not so fortunate and need to think ahead. Automatic watering systems are extremely useful, either from a mains feed or water butt, however they cannot pick ripe fruit and vegetables. It is entirely possible that you will come back to giant marrows when you thought you were growing small courgettes, or indeed mammoth runner beans that are totally inedible. The key is picking just before you go away, even the very small vegetables, and you may get away with it.

Grass should also be cut just before leaving - hopefully the speed of growth will have slowed by then, and if we have a hot dry spell (!) mower blades should be raised.

Tubs and pots will need regular deadheading and feeding and, on the theme of holidays, if possible should be moved into a cooler shadier area in a saucer of water. Ideally when planting, water retaining granules will have been used which will help even more. All tubs and pots should be given a really good soaking before the holiday, and hanging baskets can be left on the top of a full bucket of water.

If you are not going away there are still lots of jobs in the garden. All annuals and tender perennials will need to be deadheaded and fed regularly, as will roses. I cut back one of my climbing roses after it has flowered and invariably it produces a second flush later in the year.

In the vegetable garden, main crop carrots, early peas, kohlrabi, turnips, lettuce, radishes, endive, chicory, winter radishes and spring cabbage can all be sown. Vegetables need to be well watered in dry weather, especially beans and pumpkins, squashes courgettes and cucumbers. Courgettes need daily inspection as they grow at a ridiculous rate - I always manage to miss one and end up with a "marrow"!

Summer fruiting raspberries, redcurrants, blackcurrants and gooseberries will be ready for harvesting, and apples and pears may need fruit thinning.

Unless it is unseasonably cold, the greenhouse can be left open all night and, if we have a hot spell, it may need shading by blinds or paint. Early tomatoes and cucumber may be ready for harvesting.

Although I usually only talk about garden plants, I thought ought to be given to any houseplants whilst you are away. Any that are normally in a sunny spot should be moved into a cooler shadier area, and should be well watered before departure. Some people put them all in the bath on top of a well soaked old towel.

If you are going away, have a fantastic holiday, if not, enjoy your garden!

Kate Stowbridge

GREAT BROMLEY PARISH COUNCIL

www.gbpc.org.uk

Clerk: Lizzie Ridout Email: clerk@gbpc.org.uk



Following the recent uncontested parish election on 2nd May 2019, Members had the ability to co-opt for the remaining place on the Council. It was unanimously agreed to co-opt Becky Hall to the Parish Council and all nine seats are now filled.

To enable better decision-making on Planning applications in the village it was decided that site visits would be carried out where possible on some applications before deciding the Parish Council's comment. This doesn't mean that the entire Council will descend on every planning application, rather a look from the road by some Members.

Several incidences of flytipping have been reported in the village, and footpaths are becoming overgrown in some places. These have been reported to the relevant

authorities.

Residents who own hedges near to road signs - please can you check that the signs are not obscured by new growth - thank you.

Some residents have asked how the affordable housing development on Parsons Hill can be applied for. Most Housing Associations consult with Tendring District Council's Housing Register when allocating properties. If anyone wishes to be considered for housing, an application form for the Housing Register needs to be completed, and this can be found on the TDC website under the Housing section.

Our next meeting is at 7.30pm on Wednesday 10th July 2019 in the Millennium Room at the Village Hall. Everyone is welcome.

PLANNING DETERMINATIONS

REFERENCE	PROPOSAL	LOCATION	DECISION
19/00230/FUL Mr Fairley - Henry Fairley and Son Limited	Proposed new agricultural access road to wood barns further to Highways England roundabout scheme on Harwich Road.	Wood Barns, North of A120, Harwich Road, Great Bromley CO7 7US	Approval - Full 14.05.2019 Delegated Decision
19/00324/FUL Mr and Mrs Martin and Kim O'Brien	Proposed replacement detached dwelling and detached double garage.	Little Paddocks Frating Road Great Bromley CO7 7JL	Approval - Full 13.05.2019 Delegated Decision
19/00240/OUT Mr Dodds	Vary condition 24 of approved planning application 16/00782/OUT. The condition requests a footway of 2.5m, see drawing for alternative proposal.	Park 2 Land at Badley Hall Farm, Badley Hall Road, Great Bromley CO7 7HU	Approval - Outline 21.05.2019 Delegated Decision
17/01897/FUL Mr S Brazier - Toad Hall Free Range Eggs	Variation of condition 2 of planning permission 17/00865/FUL to permit the erection of a Garden room addition.	Land East of Hall Road, Great Bromley CO7 7TR	Refusal - Full 31.05.2019 Delegated Decision

PLANNING APPLICATIONS

REFERENCE	PROPOSAL	LOCATION
19/00625/OUT Mr Roger Hollington	Proposed erection of three bedroom detached bungalow with detached garage. Great Bromley Parish Council objects to this application for the following reasons: Access Sewage siting too close to property Drainage / flooding concerns Highways safety Construction practices Ecology Powerlines Query re ownership of entire site – footpath query Previously rejected by Planning Inspector - 16/01531/OUT	Land West of Former Balls Green Methodist Chapel, Chapel Lane Great Bromley CO7 7JT
19/00703/FUL Mr Paul Wareing	Proposed first floor extension to front. Great Bromley Parish Council had no objection.	Atlantis, Chase Road West, Great Bromley CO7 7UA
19/00692/FUL Mr and Mrs Slade,	Proposed single storey front extension and extension to existing garage. Great Bromley Parish Council had no objection.	Chumleigh, Back Lane East, Great Bromley CO7 7UE

LITTLE BROMLEY PARISH COUNCIL

Email: littlebromleypc@gmail.com

Complaints are still being received about Lorries using the Village and turning round at the War Memorial and driving over the plants/stones. One of the triangle gardens has again been damaged by a lorry driving straight over it and destroying one of the large plants. Highways have been approached about this again.

We have had a meeting with a Highways representative and our County Councillor, Carlo Guglielmi, regarding the 30mph speed limit reduction along Bentley Road on the grounds of safety. They were both very sympathetic to our request and experienced first hand the dangers of walking this particular stretch of road to The Haywain and we understand they will be requesting that a special case be made for 9 this.

Broadband is still on course for Little Bromley and we understand that some properties will be connected as soon as July. It seems almost impossible after so many years with such poor service!

If there are any issues that residents would like discussed at the Council meetings then please send to the Clerk at littlebromleypc@gmail.com 2 weeks before the meeting date.

The next meeting of the Council will be held at The Haywain on 19th July at 7.30 pm.

Little Bromley Parish Council

2019 EVENTS

JULY

- 3 Probus meeting, 10.00am
W1 meeting, Village Hall, 7.30pm
- 10 U3A meeting, Constable Hall, E Bergholt, 2.00pm
Community Defibrillator & CPR Familiarisation, Cross Inn, 7.00pm
Gt Bromley Parish Council meeting, Village Hall, 7.30pm
- 13 Tendring Show, Lawford
- 14 St Helena Hospice Open Water Swim
- 17 Probus meeting, 10.00am
- 18 Friendship Club meeting, **Cross Inn**, 2.00pm
- 19 Lt Bromley Parish Council meeting, The Haywain, 7.30pm
- 20 Summer Serenade, 7.30pm
- 30 Concert with Spectrum & Guests, 7.30pm

AUGUST

- 7 W1 BBQ, Fryerning, Gt Bromley, 12.30pm
- 10 Bromfest, Lt Bromley church, 12.30pm
Race Night, Gt Bromley Cricket Club Marquee, 7.00pm

SEPTEMBER

- 11 U3A meeting, Constable Hall, E Bergholt, 2.00pm
- 26 Ardleigh WEA, Village Hall, 2.30am



ST HELENA HOSPICE

Grab your goggles and sign up for St Helena's brand new event

Grab your goggles and take on the thrill of an Open Water Swim for St Helena Hospice this September.

This brand new event will take place at Curve Wake Part, St Osyth on Saturday 14th September and swimmers can choose to swim either 1.5km or 3km in aid of their local hospice.

The 1.5km is ideal if you're used to swimming in the confines of your local pool, or have yet to face longer distances, whilst the 3km route will push those looking for a longer challenge and is perfect for people training towards longer distance triathlons.

Lisa, St Helena's Events and Challenges Fundraiser, said: "We're really excited to launch this new event that will hopefully appeal to regular swimmers as well as those looking for a new or different challenge.

"This is the longest distance open water swimming event in north Essex and taking part is a great chance for people to

experience the buzz of being part of a fantastic sporting event.

"All the money raised through people taking part in this sponsored swim will go towards helping local people face incurable illness and bereavement, supporting them, their families and carers."

Anyone over the age of 14 can sign up and everyone will have to take a short swimming test of the morning of the event before they take on the 1.5km or 3km route.

Entry is £25 per person and everyone who signs up will receive a swim hat to wear on the day and a well-earned medal at the end.

¹⁰To sign up, visit sthelena.org.uk/openwaterswim





Race Night

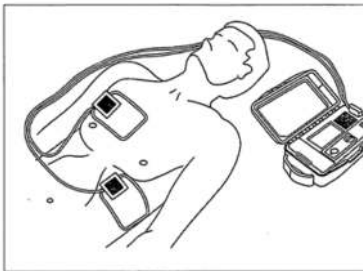
Great Bromley Cricket Club
are holding a Race Night on
Saturday 10th AUGUST 2019
At the cricket club (behind the village hall)
Parsons Hill, Great Bromley CO7 7JA

- 7.00 pm for first race at 7.30 pm
- Licensed bar.
- Always popular so reserve a table in advance.
- Contact Tracey on 01206 251434

Community Defibrillator and CPR Familiarisation

Wednesday July 10th at 7pm.

The Cross Inn, Ardleigh Road
Great Bromley



Anyone welcome, but please contact Kate
on 07592735600 if you intend to attend as
spaces are limited

Summer Serenade

Featuring 'Spectrum'
Saturday 20th July at 7.30pm

Tickets: £8

Tasty nibbles and a glass of wine included
Contact Jenny on 01206 230688

Ardleigh WEA

meeting at Great Bromley Village Hall,
Parsons Hill, Great Bromley,
Colchester CO7 7JA

Title of Course:

Shakespeare's Women (Ref: C2226658)

An exploration of some of the extraordinary and powerful female characters Shakespeare invented for boys and men to act: companions, lovers, mothers, daughters, viragos at war, victims of jealousy, agents of destruction and angels of redemption! We speculate about Shakespeare's life, including political and religious factors as well as his marital and other relationships, in so far as light may be cast on the way he presents his female roles, and consider how the all-male world of the theatre companies affected their construction and presentation. We shall discuss some of the non-dramatic poetry to see if these too shed illumination, and proceed to study some roles fairly briefly, others in more depth, covering the most significant from the Comedies, Histories, Tragedies and Romances, discussing Shakespeare's "empowerment" of his women.

How much justification is there for the suggestion that Shakespeare's women, at least, are the deadlier of the species?

Course Tutor: Ron Marks - (Ron is a very experienced Tutor and his courses are always extremely good and interesting)

Commencing Date:

26th September 2019 at 2.30 pm.

10 sessions ending on 28th November 2019,
1.5 hours per session

Fee £57.75

As from this term you have to book online at least a week before the commencement of the course at <https://www.wea.org.uk/find-course> or you can book by phoning 0300 303 3464 and quoting the name of course and Ref: number shown above. If you have any problems booking please contact me at john@terrrys.org.uk or telephone me on 01206 397101 and I will try and help you with your booking.

We have to get around 17 people attending to make the course viable, if this number is not attained before the commencement of the course it is likely be cancelled and any money paid will be returned.

Contacts: John Terry (Chairman) 01206 397101 or 07566 880504 or email

john@terrrys.org.uk or

Judy Owens (Secretary) 01206 257429 or 07557 090094 or email

judyowens379@gmail.com

We do not always have tea and cake at the Great Bromley WI, sometimes we enjoy the fruits of our speaker's labours. This month, local lady Jackie Roy tickled our taste buds with a whistle stop tour of her life and a lovely selection of savoury snacks.

Jackie has had a long-term connection to food. She is the daughter of a butcher in Walton on the Naze – one of those real old-fashioned butchers that have sadly disappeared from our streets in recent times. He was one of the first butchers in the area to have a deep freeze – quite revolutionary as butchers used to deal only in fresh meat back then.

Her mum did not have many cookery lessons with Jackie – she was busy looking after four girls. So, Jackie gained her inspiration from her Nan who taught her to prepare and cook nutritious foods. And, as the eldest of the girls, she soon became the cook for the family.

She learned many of the basics of cooking at school in domestic science lessons twice per week. The domestic science teacher was very keen that the students should focus on hygiene and cleanliness, and how to prepare food properly. She learned the importance of cooking real food from scratch and learning the skills to make proper real food and not relying on processed food – sadly all too 'normal' nowadays.

Continuing her food-related journey, Jackie worked as a waitress at weekends, helping out at guide camp and YMCA. Family gatherings were another opportunity to cater for a group teaching all the children in the group how to prepare and cook real food.

Jackie decided to formalise her cooking knowledge and went to college at the excellent Colchester institute, cooking all morning, and learning theory during the afternoons. The Institute has a really good reputation for catering and its students go on to follow careers across the world – a great primer for her next venture.

Jackie went into business, opening a restaurant, Brambles in St John's Street in Colchester, and provided lunches and afternoon teas for five years, getting home in the evenings to cook for her family. All of the food; bread, soups, cake quiches and vegetarian foods were home made by Jackie and she really enjoyed her time at the restaurant.

Jackie still caters for guests at her craft centre in Frating, and brought a selection of finger food for us to try – mainly savoury snacks such as mini quiches, cheese straws, scones and hors d'oeuvres – and of course, a fabulous Victoria sponge, scones with jam and cream for those of us with a sweet tooth.

A nice talk – and a lovely spread at tea break – what more could we want at a WI meeting, chatting to friends. We should do this more often!

Eileen Brown



We sang happy birthday to dear Joyce whose birthday it was.

MORE THAN JUST A FARM

The last few months have been busy on the farm. With such hot weather and rain it has been perfect growing conditions.



The pigs have been enjoying mud baths in the warmer weather. As pigs do not have sweat glands they enjoy wallowing in mud to keep cool.

The Oil seed rape flowered at the beginning of June, with a beautiful yellow flower, this has now gone and the pods are now producing oil. The Barley, both winter and spring varieties has grown and the ears (Whiskers) are how you can tell the difference between barley and wheat. The potatoes have also grown through and have been regularly irrigated to ensure maximum growth.



The butchery has been very busy with private butchery and also the launch of our new pies, sausage rolls and biltong. All have been thoroughly enjoyed.

Until next time, Thank you
Becky
www.beckysbutchers.co.uk

We cut our first field of silage and haylage in June with an astonishing 249 bales off 14 acres! We are aiming for three cuts off our grass fields this year. The silage is feed to all the livestock and haylage we feed to the horses and sell too.

Little Dragons Pre-School - Great Bromley & Frating

Church Meadow Bungalow, Hall Road, Great Bromley CO7 7TR

Ofsted Inspected

Website: www.littledragonspreschool.org



Charity No. 1136038
Company No. 7099441

OFSTED INSPECTED OUTSTANDING **BREAKFAST AND AFTER SCHOOL** **CLUBS- PLACES AVAILABLE**

Tel: 01206 231823/ 07857 503103

We are flexible and happy to take children for the occasional session and times to suit your situation.

If you require further information please call us on the numbers above or pop in to see us.

30 Hours funding for eligible parents came into effect from September 2017 -give us a call for more details.

HOLIDAY CLUB

We are running holiday clubs on the following days in the summer holidays:-
Mondays and Thursdays 8.30am- 400pm
Mon 29th July and Thur 1st August
Mon 5th August and Thur 8th August
Mon 12th August and Thur 15th August
Prices per child are £30.00 for one session, £27.50 for two to three sessions and £25.00 for four or more sessions. Give us a ring to book a place for your child.

The children continue to water and watch as our vegetables grow and have already harvested some radishes and alpine strawberries, which they have enjoyed at snack time.

We found a bird's nest in our garden and the children were really excited to see that some of the nest comprised of the materials we had put out for them – coloured wool and paper strips. We also continue to stock the bird feeders and ensure they have fresh water to drink.

To ease the transition of the children who will be starting school in September we have been working closely with St George's Primary School. Some children will be attending different schools and we have been liaising and have had visits from their teachers too. At preschool the children have¹⁴ also been practising to undress and dress for PE activities to prepare them for school.

We would like to wish them many happy days in their new school; we shall miss them all very much.

FUNDRAISING:-

Please help us to collect:

We are now collecting **CRISP PACKETS** – reduce landfill waste and help us raise money too! Any brand of crisp packets accepted including multi-pack outer packaging.

We are still collecting biscuit wrappers (sweet and savoury)/ plastic bottle trigger heads and caps from washing up bottles.

OUR RECYCLING STATION now makes it easier to drop off items

We have set up an area – across the car park to the right of gate, with boxes for you to drop off collected items. Thank you.

We take children from the age of two years and offer a 'home visit' to families of children prior to them starting Pre-school. This gives the child the opportunity to meet their key-person in their own home, aiding the transition stage to pre-school. It also enables us to collect and share information in a confidential environment.

For further information or to arrange a visit to the setting please contact us on the above number.

Party Table and Chair Hire
Having a party for Pre-School children?
We can offer 4 perfectly sized tables & 20 chairs.

Deposit only £10 Tables only £5.00 each
Chairs Only £1.00 each

Collection Only - Contact us: Tel: 07857 503103 Email:

littledragonspreschool@gmail.com

Dates for diary:

Wednesday 24th July – Last day of term



SEVEN RIVERS CHESHIRE HOME

month, but the dog show ran away with my time.

I hope you all had an enjoyable June, for us here at Seven Rivers it's going to be a bit non-stop, at the time of writing I'm not sure if we are still going to have our sponsored walk on the 8th or not, this we are hoping will go ahead, if not we will be doing it in September. We are having a stall at Little Dragons fete on 15th and our own Cream tea afternoon on 22nd. We try to fit our cream tea around mid-summer's day, with invitations going out to all our friends and family. Then I hope to be at the flower festival weekend, so I'm hoping that by the time you read this I would have met a few more people from the village and surrounding area.

So far this year none of our residents have booked to stay at Park House in Sandringham. Our patron H M The Queen offered Park House to the Leonard Cheshire Foundation in 1983. One of the trustees of the foundation, Lady Jane Onslow, suggested that it be used as a hotel rather than open another Leonard Cheshire home.

Hi Everyone, I'm sorry I missed you all last

Park House takes up to 300 disabled visitor per year. Norfolk WI raised funds for the furniture and fitting for one bedroom which is now known as The WI Room. With all the work that needed to be done to make it suitable for disabled visitors the Home was opened by H M The Queen on 31st July 1987.

Park House was the childhood home of Princess Diana.

We have singers coming in to give us a tune, that's without Jenny who comes in weekly, to encourage us to keep everything moving by playing musical instruments while she plays the piano, and we all enjoy the singing.

On Wednesday 17 July we will be celebrating Emoji Day! Didn't think this was a thing? neither did I. Nazan one of our students from Turkey is introducing this yearly event into our lives, I will give you more information next time. We are also re-introducing our Sports Day, this is always fun for staff, volunteers and residents, I'm going for gold for the longest time sitting!

Hope you can enjoy the sunshine,
Take care till next time
Liz x

TEA PARTY WITH PIMMS AT LT BROMLEY CHURCH

On Saturday 8th June we were pleased to welcome around 37 people through the doors of St. Mary's Church. The afternoon began with lots of cake and tea and coffee, although this was slightly overshadowed by the very popular Pimms served by Anita.

Everyone then settled down to hear local group Rococo sing in their own a cappella style. Led by Gill, Wendy (baritone), Claire (tenor) and Kate (base), they all blended well together to sing some lovely songs. After another refreshment break they sang another set which ended the afternoon. We would like to thank them for providing a really enjoyable event.

We would like to thank all of our cake makers, our flower arrangers and those

who worked on the refreshments with special thanks to Anita and Irene, who worked hard all afternoon. We would also like to thank our Friends, some new faces amongst them for coming to share the afternoon with us. Over £200 was raised during the afternoon which helps to support the Churches Conservation Trust.

Our next event will be the **Bromfest**, a very popular event. This year we will be holding it on **Saturday 10th August from 12.30pm**. Lunches will be available. More details to follow.

Carol Cordwell

Past Meetings

Dr Stephen Ashworth, Senior Lecturer at UEA talked on "Lies, Damned Lies & Statistics" on 12 June. How good are we at intuitively judging probabilities? Should everyone be able to earn more than the average wage Is it a scandal that doctors/ dentists/academics are below the national average? We enjoyed an excursion into statistics & probabilities, which it was hoped, would encourage critical consideration of the statistics with which we are bombarded every day.

Future Meetings & Diary Dates

On Wednesday 10 July Paul Stancliffe, Media Manager of The British Trust For Ornithology, will talk to us on "Bird Migration". He will explain what we know & what we don't know. How the BTO is using the very latest technology to uncover the mysteries of bird migration. We will follow cuckoos, nightingales and swifts as they undertake amazing journeys to and from their wintering grounds.

Our August Meeting, is a Members' only event and will be held at the Venture Centre, Lawford, CO11 2JE, at the normal time, on the 14th of the month. Further information will be given at our June & July meetings.

The theme of our meeting on 11 September is "Great Composers Of Film Music". Steve Johnson, a film enthusiast, will recall the history of music in film from the beginnings of sound, with emphasis on specific composers who have made significant contributions to music in film.

Each month, the Coffee Grinders meet at The Lambe School, Gaston Street, East Bergholt, CO7 6SD from 10-12 noon. This meeting especially welcomes new members but gives all members the opportunity of meeting the activity Group Leaders and the Committee whilst enjoying a cup of coffee. The next meeting is on Friday 26 July.

Membership

Our main purpose is to encourage lifelong learning for those who are no longer in full time employment and emphasis is always placed on making learning active and fun as well as helping in developing

friendships. We have a wide range of groups including language study, country walking, computer studies and gardens, churches and historic buildings visits. In the main, membership is drawn from communities in the lower Stour Valley and adjacent areas including Brantham, Capel St Mary, Dedham, East Bergholt, Holbrook, Lawford, Manningtree, Raydon, & Stratford St Mary. We are affiliated to the ThirdAge Trust, have over 370 members and 35 active groups. For further information please

visit www.stourvalleyu3a.org.uk where our membership secretary Val Pretty may be contacted.

Meeting Venue

We meet at The Constable Hall, Gandish Road, East Bergholt CO7 6TP at 2 for 2.15pm. Annual membership costs £12 and this entitles members to attend the meetings that take place on the second Wednesday of each month, except December. Whilst Visitors are welcome to join us on a limited number of occasions, paying a donation each time, Members are given priority, for safety reasons, due the halls limited capacity.

Remember

It's never too late to learn! Join over 400,000 members across over 1,000 U3As throughout the UK today!

GT BROMLEY DISTRICT CRICKET



100 Club Winners

May

- 1st - Lorraine Allam
- 2nd - Lucy Baines
- 3rd - Richard Lawson

FROM THE RECTORY

This year, like every year, there have been some press articles about the GCSEs this year are far easier, or difficult, than in previous years. In 2016, one recorded how students had left their EdExcel Maths paper and taken to social media to complain that a question on the paper was 'impossible'. The truth of the matter was that it was indeed very difficult, but for the most mathematically able of the students it was solvable.

Another more amusing account came from the GCSE Chemistry paper, where a short teaser posed to students near the beginning asked them to finish the sentence 'Limestone is Calcium _____'. If there was any doubt over the answer from those taking the exam, a cursory glance through the rest of the paper would have helped considerably. One of the questions further on began with the statement 'Limestone is Calcium Carbonate.' It was a show of uncharacteristic magnanimity from the exam board.

Those who read the bible can have similar experiences. For some it is a mystery, confusing and impenetrable. For others it contains the answers to any question you care to throw at it, if only you study it with enough care and for long enough. Neither of those really gets to grips with what the bible is.

From a time when only those with years of learning and knowledge of Hebrew and New Testament Greek could speak with clarity about the bible, we now have umpteen varied translations in English. They all have something to commend them. From the beauty of the 400 year old King James Version, which has contributed so much to our culture, to the Good News Bible, with its turn of speech that has a great deal more modern tone to it. Each enables us to hear God speak through ancient words.

It may not be the place you go to to find answers to what's the best thing to eat, what holiday destination might be good, or if your choice of wall colour is truly holy.

But for a glimpse into the mind of God, and the story of his promise of hope to a broken world, there's no better place to start.

Simon

Rev Canon Simon Heron
Lawford, The Bromleys & Little Bentley
Area Dean of Harwich
01206 392659

www.lawfordchurch.co.uk

'Loving God. Living Life.'

The Great Bromley Cross

More than a Pub....

Events July

****Every Friday Pub Food 6:30pm to 8:30pm**

Sat 6th - Takeaway night, choose from a selection of menus from the pub or bring your own

Mon 8th - Darts Home Match v Skinners
Pub open from 6:30pm

Wed 10th CPR training in the Community Room from 7:00pm Free for all

Thu 11th - Charity Quiz Night hosted by Paul & Amanda in aid of Pub Outside Space 8:00pm, book tables in advance, some food at halftime.

Sat 13th Tendring After Show Drinks night come and have a drink at the pub after the show

Thu 18th Constable Singers a night at the musicals from 8:00pm

Sat 20th Live Music. "SAMMYB" from 8:00pm

Thu 25th - Open Floor Music Night come and sing, play or listen! from 8:00pm Steve Hord

Sun 28th - Bromley Cross Garden Opening & Volunteers Afternoon with BBQ commencing at 3:00pm

Opening Times

Wednesday 6pm - 9pm • Thursday - Friday 5pm - 11pm • Saturday 6pm - 11pm • Sunday 12 Noon - 3pm • Cafe/Post Office Wednesday 10am - Noon

1
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ST. GEORGE THE MARTYR, GREAT BROMLEY

July



Welcome to our services

July 7 th	Trinity 3 9.15am	Holy Communion (BCP) with hymns
July 14 th	Trinity 4 10.30am	Parish Eucharist (CW1)
July 21 st	Trinity 5 9.15am	Family Service
July 28 th	Trinity 6 10.30am	Parish Eucharist (CW1)
	6.30pm	Evensong (BCP) with choir
August 4 th	Trinity 7 9.15am	Holy Communion (BCP)
August 11 th	Trinity 8 10.30am	Parish Eucharist (CW1)
August 18 th	Trinity 9 9.15am	Family Service
August 25 th	Trinity 10 10.30am	Parish Eucharist (CW1) (No evensong today)

Vicar:	Revd Canon Simon Heron	01206 392659
Churchwardens:	Mrs Jenny Nicholls	01206 230688
	Mrs Yvonne Cobbold	01206 230360

The church is open daily and you are welcome to visit.

St Mary's Church, Lawford

Every Sunday 8.00am Holy Communion
 1st Sunday 10.30am Holy Communion
 2nd Sunday 10.30am Family Service
 6.30pm Evensong
 3rd Sunday 10.30am Holy Communion
 6.30pm Café Church
 4th Sunday 10.30am Morning Worship
 Wednesdays 9.30am Holy Communion

St Mary's Church, Little Bentley

1st Sunday 10.30am Morning Prayer
 3rd Sunday 10.30am Holy Communion

St Mary's Church, Ardleigh

1st Sunday 10.3am Parish Eucharist
 2nd Sunday 8.00am Holy Communion
 3rd Sunday 10.30am Parish Eucharist
 4th Sunday 8.00am Holy Communion

J.A.M. DROP-IN

Every Friday in St George's church
 Term time only
 Parents and children welcome
 All are welcome
 3.00pm to 3.45pm
 Refreshments, activities

Church Lunch

**Friday, 5th July
12 noon.**

All welcome to join us.
 All welcome.

